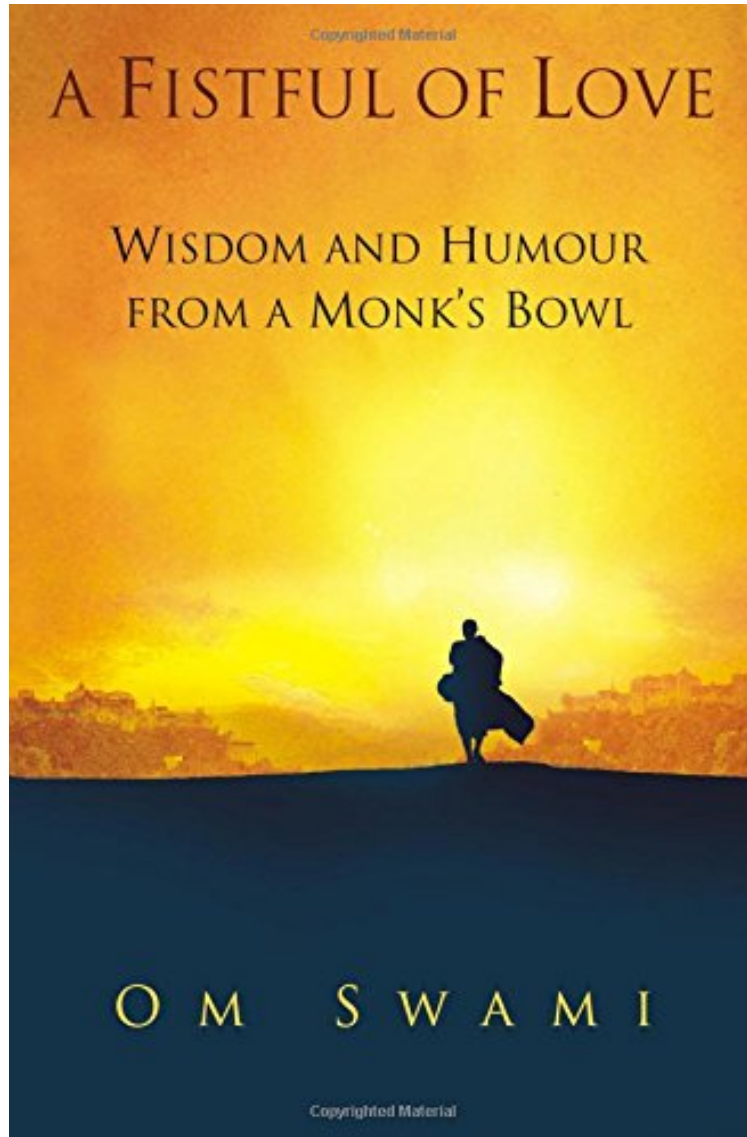


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## A Fistful Of Love: Wisdom and Humor from a Monk's Bowl

*Om Swami*

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A man was sitting with his friends in a local inn. After a couple of drinks, he asked his friends, "Do you love me?" "Of course, we do," they replied. "So do you know what I need?" No one answered. "If you don't know what I need then how can you say you love me?" To love and to be loved is the most basic human need. No wonder we are attracted to people who give us attention, care about us, and love us. Yet, love also remains the greatest challenge in most relationships. Why? A Fistful of Love is a collection of insightful, thought-provoking nuggets of wisdom appreciated by millions around the world. This book is full of humour and narratives most beautifully woven into learnings of life that will make you stop and think. A must read.

About the AuthorOm Swami is a mystic living in the Himalayan foothills. He has a bachelor's degree in business and an MBA from Sydney, Australia. Prior to renunciation, he founded and ran a multi-million dollar software company successfully. He is the author of the best-seller If Truth Be Told: A Monk's Memoir, and a soon-to-be-released book on Kundalini.