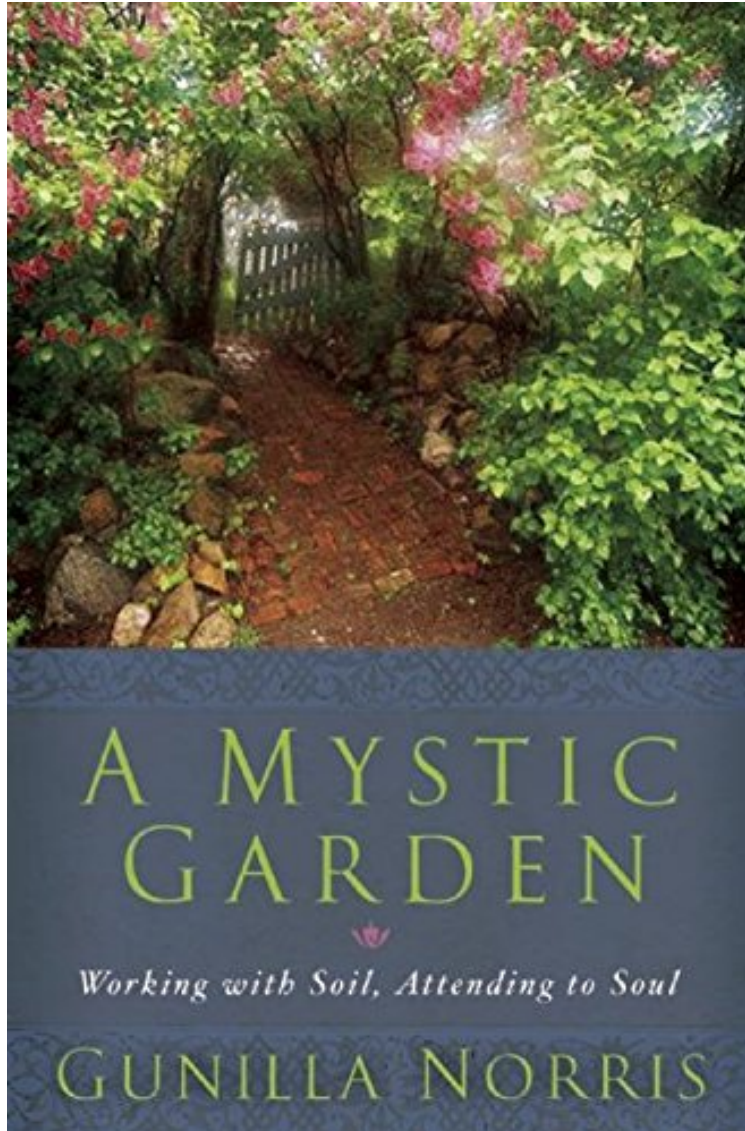


(Download free pdf) A Mystic Garden: Working with Soil, Attending to Soul

A Mystic Garden: Working with Soil, Attending to Soul

Gunilla Norris

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Gunilla Norris : A Mystic Garden: Working with Soil, Attending to Soul before purchasing it in order to gage whether or not it would be worth my time, and all praised A Mystic Garden: Working with Soil, Attending to Soul:

0 of 0 people found the following review helpful. It explained everythingBy Leslie B.My dad was a man of few words, this explained what he was about. Very enlightening, I go to it for spiritual meaning too.0 of 0 people found the following review helpful. Five StarsBy RidgewalkerYes! For gardeners of all kinds whose soul is connected the soil..0 of 0 people found the following review helpful. Three StarsBy Marilyn RegentinFine

This lyrical primer on the spirituality of gardening reflects on the relationship between a gardener and his or her garden. Meditating upon how interaction with the earth opens the heart, schools the mind, engages the body, and embraces the soul in a world of increasing detachment from the natural realm, this book affirms a garden as a soulful space where people can take root and experience the changing seasons and the enduring cycle of renewal. Filled with the joy of living, this enchanting spiritual guide will speak to those who yearn to find the holy in the place they call home.

From Publishers Weekly Beginning with winter, when both her garden and her spirit seem to be buried under snow, Norris cycles through the four seasons of a gardener's heart. Norris (*Becoming Bread*; *Inviting Silence*) writes lyrically about dormancy and transformation, soil and nourishment, roots and blossoms. Perhaps most poignantly, her discussions of spring and summer beauty are tempered by the knowledge that each flower is ephemeral and destined to die, only to resurface again in the beautiful round of life. Norris's short reflections are balanced by quiet and meditative poetry on facing pages, inviting deeper rumination about how God can be discovered in the act of gardening. (May) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "Gunilla's garden is truly a sacred space...where the soul may put down deep roots, be nourished, and grow."

—Margaret Silf, author, *The Gift of Prayer and Inner Compass*