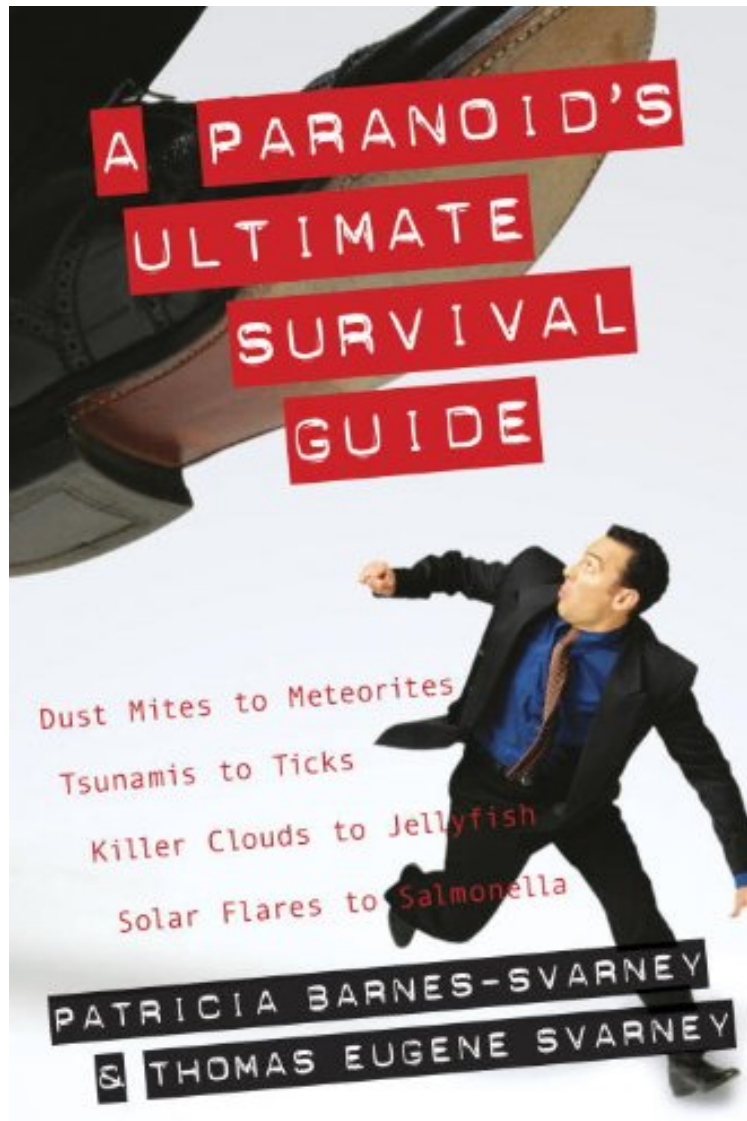


[Ebook pdf] A Paranoid's Ultimate Survival Guide: Dust Mites to Meteorites, Tsunamis to Ticks, Killer Clouds to Jellyfish, Solar Flares to Salmonella

## A Paranoid's Ultimate Survival Guide: Dust Mites to Meteorites, Tsunamis to Ticks, Killer Clouds to Jellyfish, Solar Flares to Salmonella

Patricia Barnes-Svarney, Thomas E. Svarney  
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Patricia Barnes-Svarney, Thomas E. Svarney : A Paranoid's Ultimate Survival Guide: Dust Mites to Meteorites, Tsunamis to Ticks, Killer Clouds to Jellyfish, Solar Flares to Salmonella before purchasing it in order to gage whether or not it would be worth my time, and all praised A Paranoid's Ultimate Survival Guide: Dust Mites to

Meteorites, Tsunamis to Ticks, Killer Clouds to Jellyfish, Solar Flares to Salmonella:

2 of 2 people found the following review helpful. This book left me scratching my head . . . By mcHaiku. . . and wondering how Reviewer mcHAIKU survived all the trauma of Wars Pestilence and lived to be 80 without becoming paranoid. (?) My blithe attitude may have to make an about face with one granddaughter studying in the San Andreas Fault area, another beginning studies in the vicinity of the New Madrid Fault, plus a family living in Indiana's Tornado Alley. This book may be referred to with unhappy frequency. For 'head-scratching' there is plenty to be learned on pages 208-214, some of it rather revolting. The authors are practiced information-gatherers they also offer lots of remedies. That's to balance the scary parts. It helps to have a good index plenty of references in the EndNotes, to which you can add by stuffing your copy with newspaper magazine clippings. This reader is careful now to heat water for ONLY two minutes in the microwave, and my eye will scan more carefully the labels of toilet cleaners. The fire-builder in the family will be quizzed about chances that our wood-burning stove is a potential threat for carbon monoxide poisoning. I do applaud the authors for their challenge to adults on page 252, to "TURN OFF THE TV GO OUTSIDE AND PLAY!" The book is formatted to encourage you to THOROUGHLY read all sections. In a race for time to get this re-mailed to the studios one in Santa Cruz, I admit to some skimming. I'll doubtless give up and order another copy. Who of us doesn't have a hang-up or two, anyway? 2 of 2 people found the following review helpful. Blending humor with authentic hazards By Midwest Book Review Blending humor with authentic hazards, this tells how to cope with feelings of terror over everything from dust mites and meteorites to solar flares and poisoning. These are everyday hazards for the most part: the authors assess the severity of these threats and offer suggestions for overcoming them.

Blood clots on airline flights? Getting a sunburn in only seven minutes? Balls of lightning moving through your window? Waves on the beach as tall as a two-story building? Volcanoes in your own backyard? Shark attacks? Isn't anything safe anymore? A Paranoid's Ultimate Survival Guide is now here to help you decide. This entertaining book enlightens the reader to the hidden (and sometimes not-so-hidden) dangers of our world—from what's lurking at your next picnic or on a kitchen sponge to bad bullfrogs and the dangers of burning backyard barrels. It offers the reader explanations of what we hear on the news, such as Lyme or Legionnaire's diseases; it examines all aspects of our daily lives, from our bathrooms to the places we vacation; and it touches on the bizarre, but scientifically studied, dangers from: dust mites to meteorites, tsunamis to ticks, killer clouds to jellyfish and solar flares to salmonella. These hazards are scientifically backed with recent research—some well known, some cutting edge. And most of them are not just remote possibilities but things we encounter everyday. The authors do more than just list the possible dangers we all face in and outside our home. They also help the reader judge the severity of these lurking threats and offer suggested remedies and solutions. A concluding chapter is devoted to resources on the Web that will bring you up to date on what is known about each hazard. If you're feeling paranoid, A Paranoid's Ultimate Survival Guide will show you why you have good reason to feel the way you do, and teach you how to cope with the very real threats around us. As your mother warned you, even paranoids have enemies.

From School Library Journal Adult/High School-In a highly entertaining, avuncular "for dummies" style, the authors provide brief, if sketchy, information about threats that range from "dust mites to meteorites, tsunamis to ticks, killer clouds to jellyfish, solar flares to salmonella." The far-ranging material is organized into eight chapters, each with a chatty but informative introduction, on such subjects as geology, climate, space, travel, medicine, and the environment (indoors and out). As the title promises, each warning is accompanied by advice on "judging the danger" and "help from danger." Sidebars and photos further enliven the proceedings. The lighthearted approach might be distressing to those who have actually suffered some of the disasters described, but it should appeal to most readers. For those who have grown up in a culture in which urban myths and media misrepresentations encourage anxiety without offering a sense that the individual can affect the outcome, this book provides a much-needed antidote. Endnotes provide a starting point for further research on each topic. Christine C. Menefee, Fairfax County Public Library, VA Copyright 2002 Reed Business Information, Inc. "The Svarneys help readers maximize anxiety with alarming statistics . . . but minimize worry with scientific but easy-to-understand evaluations of risk . . ." -- Dallas Morning News, September 1, 2002 About the Author Patricia Barnes-Svarney (New York, NY) is the editor/writer of the award-winning The New York Public Library Science Desk Reference, a Book of the Month pick, as well as the critically acclaimed Skies of Fury and Asteroid. She has published more than 350 articles in such magazines as Popular Science, Astronomy, Omni, and Air Space. Thomas Eugene Svarney (New York, NY) has an extensive science background, having worked for over 18 years in the fields of engineering, physics, and material science. He is the coauthor (with Patricia) of Skies of Fury; The Handy Ocean Answer Book, a Quality Paperback Book Club selection; and The Oryx Guide to Natural History.