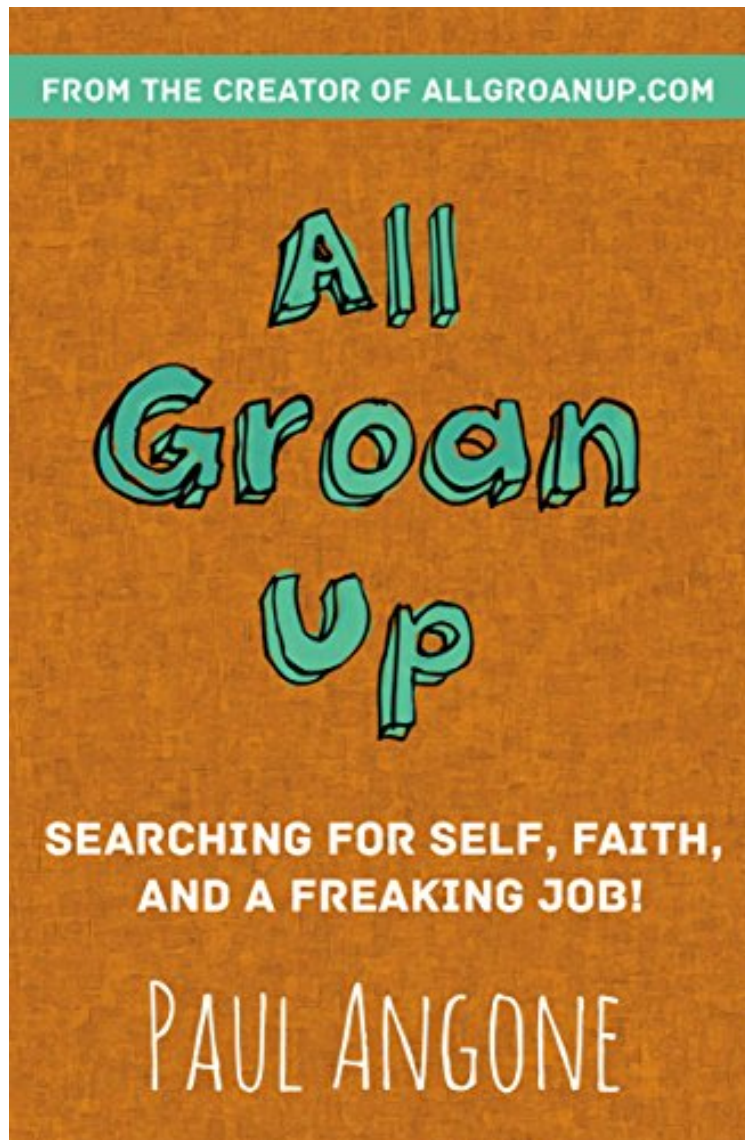


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All Groan Up: Searching for Self, Faith, and a Freaking Job!

Paul Angone

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Paul Angone : All Groan Up: Searching for Self, Faith, and a Freaking Job! before purchasing it in order to gage whether or not it would be worth my time, and all praised All Groan Up: Searching for Self, Faith, and a Freaking Job!:

2 of 2 people found the following review helpful. I love this book and what it stands for By Andrew Marsha Mulia I love this book and what it stands for. The quote: "If we're faithful in our actions, we allow God to be faithful in the

results. It's not our job to make this film happen; it's our job to just keep filming" really hit close to home. Especially, since more often than not I feel as if I'm unwanted in the office, mostly due to my own insecurities. However, this book made me realize that no one is perfect and that the person next to you is trying their best to be a functional human being. Oh, and the marriage part was amazing too, growing up in an Asian culture where marriages are expected to be extravagant and costly, knowing that the author chose to tie the knot much like Ethel did, made me realize that we do not need to always overthink some aspects of our lives that are meant to just flow naturally! Love the book!

2 of 2 people found the following review helpful. There's Plenty More Where THIS Came From! :) By Stephen Bassette I won't bother to attempt to "reinvent the wheel," as they say, by writing just another review about how awesome this book is. What I WILL do is say that Paul Angone, his website AllGroanUp.com, and his Facebook and blog posts have been incredibly encouraging to me during this twentysomething transition in my life. If you're a college student or twentysomething and you've never read anything from Paul Angone, check out his social media posts, read some of his blogs, and if you want more, get this book. Whatever you start out with, you will be captivated and amazed by his humor, helpfulness, and heart as you read what he has to say about finding yourself, navigating your twenties, and becoming all that you could ever dream of becoming as an adult in this modern, high-tech, crazy world we live in.

1 of 1 people found the following review helpful. Take away the underlined message. By Robert Rochester Jr All Groan Up by Paul Angone is a good book for my fellow twentysomethings who are going through turmoil, chaos, and uncertainties in our all so said "young life". I came across this book while looking up life crisis and mental breakdown lol. Yes mental breakdown. This summer of 2015, I have finally come to a point in my life where I felt lost and had no direction in life and didn't know what to do to try and make sense of myself in this society we live in today. Reading about the struggles and setbacks that Paul experience in his life and what his resolve came to was something I needed to read. I now feel more reassured in myself and my place in life and recommend this book to others who seek some type of clarity about our twenties.

Just one thing about this book.- My expectations for this book was different prior to reading this. After I finished this book in one night I was somewhat dissatisfied because I was expecting the magic answers to be given to me straight off the back. But, however, the end resolve shows one that we all go through our trials in our own personal way but in the end that we all do struggle and that there is clarity at the end of our journey.- Over all great read and take away the abstract meaning the author is trying to convey to his audience and not his own personal experience.

All Groan Up: Searching for Self, Faith, and A Freaking Job! is the story of the GenY/Millennial generation told through the individual story of author Paul Angone. It's a story of struggle, hope, failure, and doubts in the twilight zone of growing up and being grown, connecting with his twentysomething post-college audience with raw honesty, humor, and hope.

'Powerful, honest, heartfelt, and hilarious, this book is a must-read for anyone struggling to feel at home in their 'groan-up' pants. If you're a twentysomething, or if you want to help a twentysomething, you need this book.' (- Megan Alexander, TV correspondent, Inside Edition) The gigantic question, 'Why am I here?' is written on everyone's heart. Fortunately for twenty-somethings, this book will help answer the question and push them forward on a path of significance that will change their lives and the world around them.' (- Ken Coleman, Author of One Question Host of The Dave Ramsey Show Video Channel) Paul Angone offers a new voice to twentysomethings everywhere, writing honestly about one of life's biggest transitions. At turns, All Groan Up is hilarious, poignant, and insightful. Angone relentlessly explores who God wants us to be rather than what God wants us to do---words everyone needs to hear, whatever their stage of life. (- John Ortberg, author of The Me I Want to Be) Relatable, funny, and inspiring, All Groan Up is an uplifting story about the redemption of hope when things don't go as planned. This book is must-read for anyone asking "What's next?" (- Mike Foster, cofounder and chief chance officer of People of the Second Chance) This is it---the book every young person should read and every teacher and parent should have on hand. I don't think you can call yourself a grown-up without first reading this book. (- Jeff Goins, author of The Art of Work) My twenties were like the new puberty---awkward, sweaty, weird, and life-changing, except no one warned me about them. Paul Angone's voice in All Groan Up is not just a warning; it is a conversation, a pep talk, wisdom mixed in with funny stories, and encouragement that not only can you survive this groan-up life; you can live it well. (- Amena Brown, spoken word poet and author of Breaking Old Rhythms) Paul Angone must live inside my house regularly filled with twentysomethings. He gets this generation like few people I know. This book is hilarious, insightful, brilliantly written, and filled with wisdom. Don't miss the opportunity to give this book to any young adult you know. They will read it because it's practical, and when they finish the book, they will call it enjoyable, insightful, challenging, and even life changing. (- Jim Burns, PhD, president of HomeWord and author of Confident Parenting and Teenology: The Art of Raising Great Teenagers) Had me laughing out loud more times than I can count, sometimes literally to the point of tears! Paul Angone writes with a profundity and hilarity that feels like a nascent cross between Donald Miller and Bill Bryson. That's a high compliment. I think his words will be prophetic to a generation that is drowning in potential. (- Mike Yankoski, author of Under the Overpass) Clever, insightful, and

devilishly handsome, Paul Angone offers a book reminiscent of sharing a pint with an old friend. *All Groan Up* captures the confusion of early adulthood in a beautiful blend of candor and humor. This is a must-read for anyone wondering, Okay, what now? (– Jamie Wright, theveryworstmissionary.com) Dr. Seuss's *Oh, the Places You'll Go!* may be the top gift at graduation, but this one should take its place. Writing with bravery and honesty, Paul Angone invites us behind his own search for purpose in a complicated world and shows us that the process is far more important than the destination. If you're at a crossroads in your own journey, you'll find his guide a welcome companion. (– Wayne Jacobsen, author of *He Loves Me: Learning to Live in the Father's Affection*) Our parents told us when we were children that we could do anything we set our minds to do. Our pastors said that God had a great plan for our lives. But after college, many of us got a sinking feeling that our parents were wrong, and we suspected our pastors were too. *All Groan Up* is a funny, hopeful, honest autobiography of a generation of people who feel their lives have too much potential and not enough purpose. (– Matt Appling, author of *Life after Art*) For anyone wrestling with the provocative questions of "Who am I?" and "What am I going to do with who I am?" *All Groan Up* is a must-read. I encourage you to join Paul in his discovery of one of life's best-kept secrets, namely, that you can choose your future. (– Raymond Rood, CEO, The Genysys Group) *All Groan Up* is part memoir, part real-time exploration, and part comforting coffee shop conversation with your best friend, who just happens to be a charming Italian author who has graciously offered his own missteps to help you avoid your own. Paul Angone brilliantly and honestly shares his relatable, heartbreaking, hilarious account of transitioning from frustrated graduate to faith-embracing adult. If you're in your twenties and questioning ANYTHING, this book is for you. Paul asks the big questions and isn't afraid to reveal his own worst fears, confessions, and lessons learned along the way. This book will lift you up when you're down and show you that no matter how many times you fall (face-first on a gravel sidewalk), you can and will get back up. (– Jenny Blake, author of *Life after College*) *All Groan Up* in my humble opinion has the potential to be a bestseller. Paul Angone's blend of wit and wisdom is remarkable. He shares the lessons he has learned along life's way with such refreshing candor and insight that he should certainly help others on this journey of life. (– David C. Bicker, PhD, professor emeritus and founding chair of the Department of Communication Studies at Azusa Pacific University) About the Author Paul Angone is a leading voice to, and for, twentysomethings. He is the bestselling author of *101 Secrets for Your Twenties*, a sought-after speaker, and the creator of AllGroanUp.com? a place for those asking "What now?" Paul graduated from Westmont College with a degree in Communication Studies and then received his Master's degree in Organizational Leadership from Azusa Pacific University. Paul grew up in Denver, Colorado, and currently lives in San Diego with his wife, Naomi, and their two daughters.