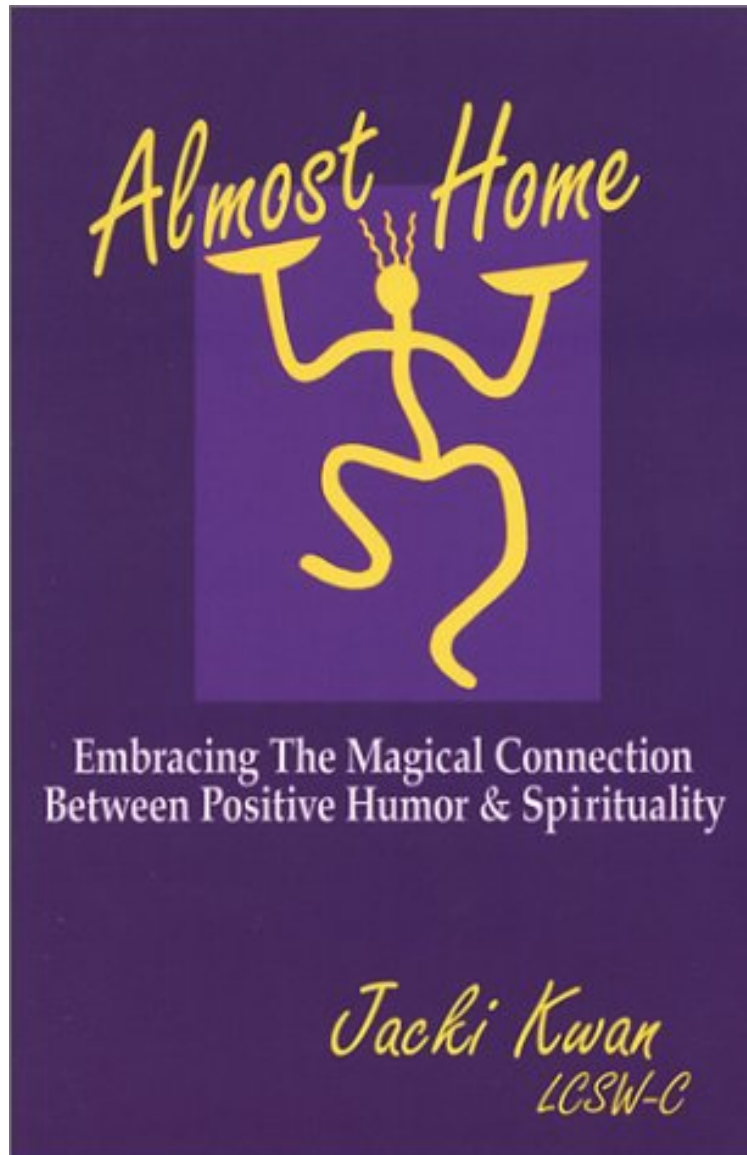


Almost Home: Embracing the Magical Connection Between Positive Humor Spirituality

Jacki Kwan

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Jacki Kwan : Almost Home: Embracing the Magical Connection Between Positive Humor Spirituality before purchasing it in order to gage whether or not it would be worth my time, and all praised Almost Home: Embracing the Magical Connection Between Positive Humor Spirituality:

3 of 3 people found the following review helpful. Laughter Therapy--Just What We Need!By Aviva G.This is a

wonderful book written by a lady who has always wanted to heal the world one "ha" at a time, but who now realizes that the "ah's" are just as important! In describing how she provides humor, gentle attention, and laughter to seniors in a nursing home, I couldn't help but think how lucky those folks are to have Jacki (aka "Elfinya") in their lives! I couldn't help but remember the final weeks of my own mother's life. The doctors led me to expect no more than a few days before my mother's imminent demise. I spent every day and night with her. Though she suffered from advanced dementia and showed no outward response, I caressed her, spoke to her and played recordings of old, familiar melodies from her childhood. Well, the medical staff were astonished when my mom's "end-of-life expectancy" was exceeded by many weeks! After reading this wonderful book, I realized that even though my mom's body and mind were compromised, her "spirit" was alive and well! That is the message of this book--the gentle, humorous attention administered by "Elfina" to those lucky seniors can indeed rekindle the "spark", the unique and special "spirit" that is so often lost in the cold, clinical, lonely environment of a nursing home or hospital. This is a treasure of a book, and I urge everyone to read it!

3 of 3 people found the following review helpful. Reconnecting from the inside...out
By Priscilla Pearson Aka Pee Pee the clown
Almost Home picks you up and takes you on a spiritual journey of both revelation and vulnerability. Jacki reaches down to your very core and shares her most intimate feelings and experiences, in the hope it may make our journey 'home' a little easier. This book holds the key to unlock the secrets deep within us. Jacki shows us how, through facing her own challenges, to acknowledge our fears, inhibitions and any preprogrammed beliefs we may have about ourselves. Almost Home has a delightfully different approach to fulfilling our lives with all that is valuable...health, happiness, love, compassion, selflessness and the ability to laugh and bring great joy not only to others, but to ourselves also. Laughter has the ability to pierce through the darkest of times. Jacki lovingly reminds us, throughout her book, never to miss an opportunity to lift someone's spirits, if only for a moment, for that moment may last a lifetime. What wonderful words to take on our journey.....**THANK YOU Jacki!**

1 of 1 people found the following review helpful. Home Run
By A Customer
Almost Home is at once an autobiography, self-help guide, instruction manual, and a great big hug. By sharing her own story with readers, Jacki invites them to join in her joy and mirth, which have changed her life and the lives of those around her. While recounting her many paths "home" (a term which she defines in several different ways), we learn about her personal and professional histories, both of which are intertwined. Throughout the tales, the author's indelible stamps of herself (little smileys, drawings, etc.) make the book extremely "human". While warm and fuzzy, the book provides practical appendices containing instructions for creating and implementing your own therapeutic humor program, should you choose to do so. All in all, it's a light, quick read that leaves the reader grinning long after the last page has been turned. I guess, then, this book truly covers--ahem--all the bases. ;-)

Can a smile silently unite two people? Does laughter have the power to heal? Could the key to our spirituality lie in a simple giggle? Jacki Kwan, the author, provides the answers to these questions and more through the telling of her story. You'll learn how humor can have a profound influence on your quality of life, your passion for tomorrow, and your physical, mental, and spiritual well-being. Through humor, you can rediscover what is truly important in your life and uncover the spiritual connection we all have with our fellow human beings.

As a nursing consultant in the field of humor, I will recommend this book to my students and conference participants. -- Leslie Gibson, RN, BS, President, Educational Connection
Buy this book! It's written from someone whose mission is to 'change the world one "HA!" at a time.' -- Allen Klein, author of *The Courage to Laugh* and *The Power of Humor*
Jacki's personal odyssey into the real of laughter, humor, and healing will inspire many others to follow suit. -- Steve Wilson, Psychologist and President of the World Laughter Tour™.
From the Publisher
The staff at Cameo Publications is now laughing and enjoying life more than ever. We are proud to be apart of Jacki's work. Anyone who reads *Almost Home* will discover that laughter is truly the key to one's spirituality and well being.
From the Author
My mission is to change the world one "HA!" at a time!