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## Along the Way: Along the Way

Carl A. Runk

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### Carl Runk's Along the Way



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**Carl A. Runk : Along the Way: Along the Way** before purchasing it in order to gage whether or not it would be worth my time, and all praised Along the Way: Along the Way:

0 of 0 people found the following review helpful. Humorous, funny, a few belly laughs for the sports fan.By Michael St. Oressome humorous and interesting behind the scene stories of coaches, players, officials, and fans related to sports (non-professional) that the average fan would not otherwise realize. A few stories were painful belly laughs, a few not so. The book is filled with an abundance of humorous experiences and situations.0 of 0 people found the

following review helpful. WHAT A FUN BOOK OF EXPERIENCESBy Miles FeltonI had trouble putting this book by Carl Runk down. His personal experiences combined with other's, when I wasn't laughing, I was smiling. You don't have to be a Lacrosse fan to appreciate the stories. Thank You Coach Runk0 of 0 people found the following review helpful. This is a great bookBy Ralph GilbertIt was at the top. It was good reading, made me laugh, Sound like this Carl knew a lot of people, and had a good time with them.In short I like it, Ralph Gilbert

“Along the Way” is a compilation of humorous, funny, and true experiences having occurred at earlier times and during the coaching tenure of Carl Runk. The addition of humorous stories from other popular coaches creates, in this book, an atmosphere conducive to a highly relaxing and therapeutic mood.

About the AuthorA legend in the game of lacrosse and one of the most winning coaches, (375 total wins) Carl Runk was Towson University's lacrosse coach for 31 years. Towson University began its football program in 1969 with Runk as their first coach. He remained in this position for the next four years of the program. Earlier in his career, Runk successfully coached the University of Arizona lacrosse program where he posted a 36 – 6 record including an undefeated 11 – 0 season, and a conference championship. During his tenure at Towson University he had won the NCAA D2 Lacrosse National Championship. Runk's Towson team was also the NCAA D1 Lacrosse Finalists in '91. He had won numerous conference championships (8) at Towson. In the twilight of his coaching career, he coached for a short time at Baltimore County's Hereford High School, near his home, winning two state championships amassing a total of 85 wins. A regional Lacrosse Hall of Fame member, along with being selected to the Maryland Hall of Fame, Carl Runk has authored two books and a lacrosse coaching software program designed to accommodate coaches.