

[FREE] Animal, Vegetable, Miracle: A Year of Food Life

Animal, Vegetable, Miracle: A Year of Food Life

Barbara Kingsolver, Camille Kingsolver, Steven L. Hopp
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Barbara Kingsolver, Camille Kingsolver, Steven L. Hopp : Animal, Vegetable, Miracle: A Year of Food Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Animal, Vegetable, Miracle: A Year of Food Life:

0 of 0 people found the following review helpful. Knowledge is Power....! Buy local!By William ThorntonAll I can say is excellent, excellent, excellent! As a nation, it's sad we'd left our food choices to big industry who have little interest in bringing us good food and more interest in stuffing their own fat pockets. I have nothing but praise for people who respect the land to produce a sustainable product for healthy consumption. Cheers to the Kingsolver's! Also recommended is Gary Nabhan 'Coming Home to Eat' - where he chose the difficult feat of eating locally in Arizona. For a fictional variety Ruth Ozeki's 'All Over Creation' and 'My year of Meats'. The latter may make you re-think about industry meat ever again.0 of 0 people found the following review helpful. Love, love, love this book!By EdmuncmLove, love, love this book! I originally read it several years ago, when retirement was just a dream and this book inspired me to aim at taking a similar leap in lifestyle. Since retiring, it's taken about three years, but my husband and I have gotten very close to living off our property and eating locally (whenever practical). Now that my Bookclub friends have chosen Animal, Vegetable, Miracle as this month's read, it's been such fun to reread this book to see just how close we've come to living the life Barbara Kingsolver writes about so eloquently. I've enjoyed reading this book a second time every bit as much as the first!1 of 1 people found the following review helpful. Always Something MoreBy Book DorkAs a vegetarian whose trying desperately to eat healthier I found this book pretty fascinating (it's

also the first one I've ever read by Kingsolver). While I did have a few issues with it, I found it a pretty solid read. Positives = Organic, Pesticide Free, Grown in Backyard- The idea of trying to eat locally and doing so much of it yourself is impressive, no questions asked.- I appreciated how Kingsolver brought her family both into the project at home, and into the writing of the book. It was a nice gesture and her daughter and husband offered different perspectives.- Kingsolver's writing made me want to read her works of fiction- there's a fluidity of language and an ability to describe that I definitely can appreciate- I learned a lot about growing your own food, eating locally and the politics behind agriculture. Learning is good. Negatives = Hamburgers from McDonalds, GMOs, and Twinkies- I try so hard to eat my fruits and veggies, but after reading this I felt a little discouraged. It's not enough to eat them! You had to buy them from the right places! Or grow them yourself! You have to make sure they're organic! You have to have the farmer who grew them sign in blood that they're not genetically modified (not really)!- There are parts that get a little boring, to be honest. Kingsolver gets a little romantic in terms of her farm or a little wordy when up on her soapbox. All in all a great read; for those that are conscientious of their diets a must.