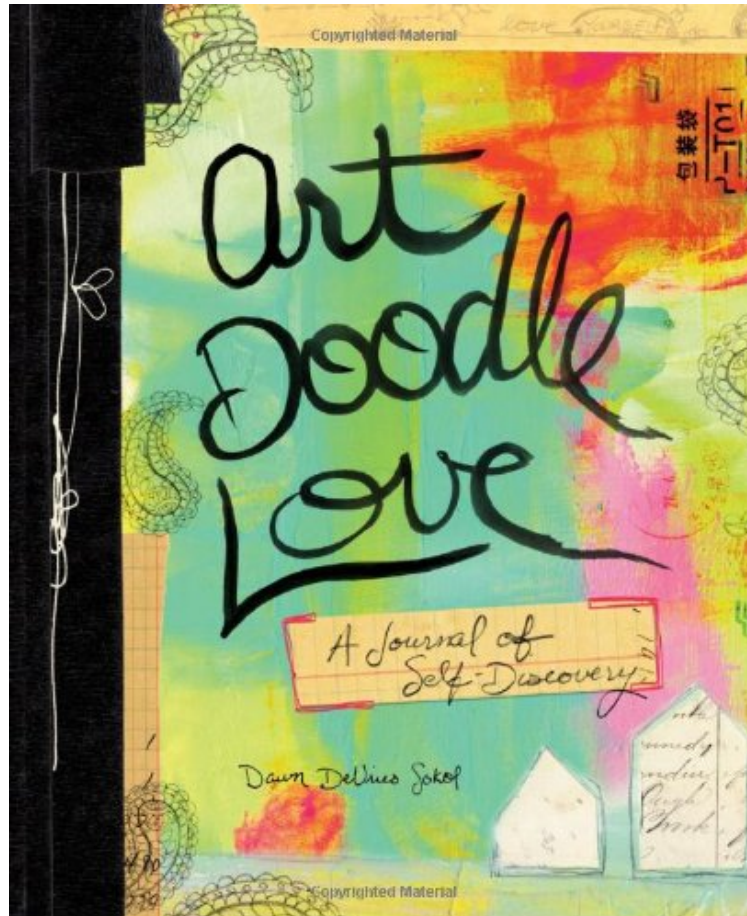


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Art Doodle Love: A Journal of Self-Discovery

Dawn DeVries Sokol

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#142685 in Books Sokol, Dawn Devries 2013-02-05 2013-02-05Original language:EnglishPDF # 1 8.00 x .63 x 6.50l, .85 #File Name: 1617690120160 pagesA journal with guided prompts and ideas for self reflectionDevelop your artistic sideWritten by Dawn DeVries SokolSeller SKU: 201600007330Art Doodle Love A Journal of Self Discovery | File size: 49.Mb

Dawn DeVries Sokol : Art Doodle Love: A Journal of Self-Discovery before purchasing it in order to gage whether or not it would be worth my time, and all praised Art Doodle Love: A Journal of Self-Discovery:

5 of 5 people found the following review helpful. I wish I had a bookshelf full of these...By Paula .S.First and foremost this book is fun. You can sit in front of the TV and Doodle or any spare moment then put it down again. My doodles tend to be elaborate and take several days or even a week as I go back and forth. You draw in the book - not on a drawing pad so it's self-contained.The book recommends some pen types. I started out with a regular ink pen and wasn't getting the results I wanted to went on and purchased the pens recommended, which were fairly priced, and they are outstanding. I have a lot of fun with them and they were worth every penny.The book is well designed and pages vary to allow creativity. The colors and details on the pages - even the font lends itself uniquely to the Doodle. It is clear the author understands the art of Doodling and has created a must have book. The size of the book is perfect

for a bag as a bring-along. I find myself looking around for shapes and lines to add to my book and seeing my world in a much more creative lens than ever before. There is nothing quite like a good exercise in imagination. :-)
It's a great buy if you love to Doodle, and get the pens if you want an extra treat. Have fun! :-)
1 of 1 people found the following review helpful. AWESOME Book!!
By kimmierose05
I took a mini class with Dawn, so I could not wait to buy this book. I wasn't disappointed either. It was chock full of fun exercises, colorful pages waiting for me to put my pen to the paper, only before I could start to enjoy working in it, my 13 yr old daughter hijacked it and has hidden it in a place only she can find. She too fell in love with this really fun book. So I am going to order a new one. The only thing that took me by surprise was the size of the book. It's quite a bit chunkier than I had thought it would be!!!
This book is for any person who love to doodle or scribble out cute animals or make bubble letters, or who just loves putting pen to paper. This book won't disappoint. Dawn is an extremely talented artist who has produced a book that will make any doodler happy.
1 of 1 people found the following review helpful. This book has helped me to put forth some effort in an area that I would like to do more
By pntr737
This is just what I was wanting. Someone else to help me with prompts that get me going with basic ideas for drawing. I'm not a person who spends lots of time doodling and drawing. This book has helped me to put forth some effort in an area that I would like to do more, but don't have a lot of time right now. I find the prompts give me just enough of a nudge to fill a page and inspires me to come back again a few days later if possible.

Many women love the idea of leading a more creative life, but don't know where to begin. With *Art Doodle Love*, art journal expert Dawn DeVries Sokol provides the perfect jump start: an interactive fill-in book of prompts that will motivate women to "discover" themselves and their inner creative goddesses. Loosely inspired by *Eat Pray Love*, Elizabeth Gilbert's memoir of self-discovery, *Art Doodle Love* overflows with colorful pages for recording thoughts and collecting ideas, as well as venting, soul-searching, and documenting everyday life. By following the insightful prompts, the journal keeper develops her artistic skills, gains confidence in her natural creativity, and learns about herself through self-reflection. Praise for *Art Doodle Love*: "The author offers readers art journaling supply recommendations, then eases them into doodling and documenting on pages that have been prepped with vibrant and inspiring background." —Grand Rapid Press and Kalamazoo Gazette

About the Author
Dawn DeVries Sokol is the author of several art journaling books, including *1000 Artist Journal Pages*, *Doodle Diary*, and *Doodle Sketchbook*. She teaches popular workshops through her blog, dblogala.com, at Interweave Press's Create Retreat, and through her DVD workshop, *Art Journaling: Pages in Stages*. She lives in Tempe, Arizona.