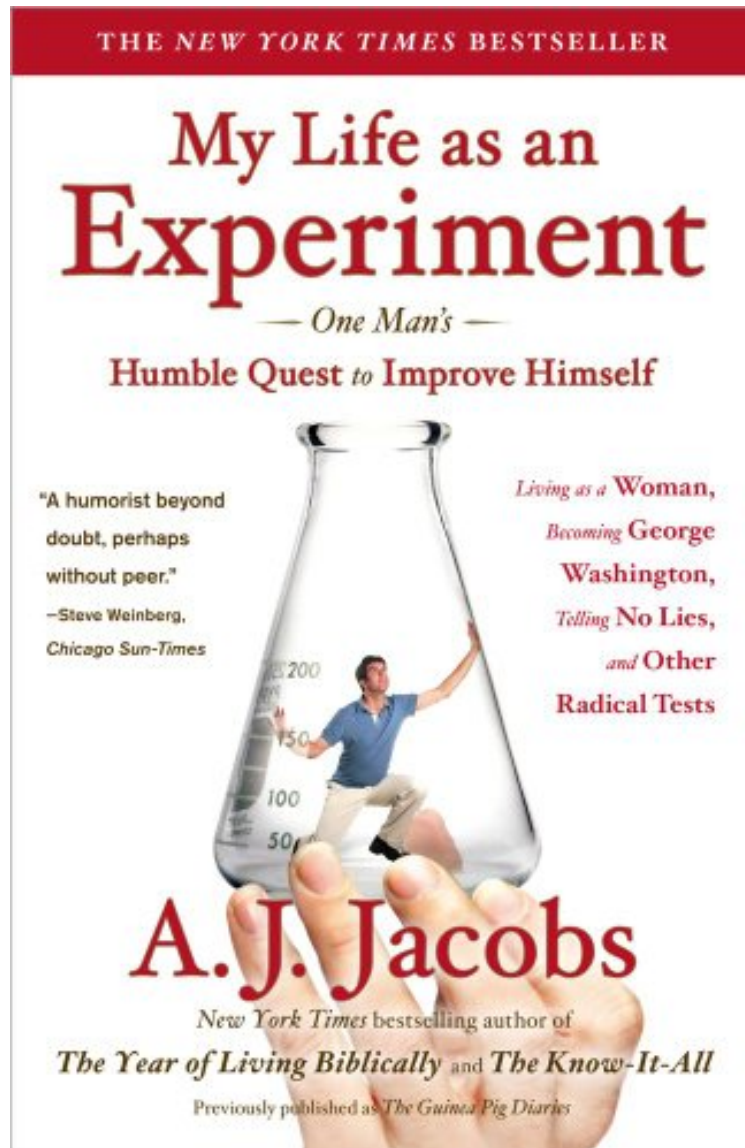


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# My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

A. J. Jacobs

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#489939 in Books A J Jacobs 2010-07-13 2010-07-13Original language:EnglishPDF # 1 8.44 x .70 x 5.50l, .53 #File Name: 1439104999272 pagesMy Life as an Experiment One Man s Humble Quest to Improve Himself by Living as a Woman Becoming George Washington Telling No Lies and Other Radical Tests | File size: 27.Mb

**A. J. Jacobs : My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests** before purchasing it in order to gage whether or not it would be worth my time, and all praised *My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests*:

2 of 2 people found the following review helpful. You Need to Experiment with this Book!By Kalie LynLife is an experiment in and of itself. Whether it's when we fall in love, attend college, or have kids, each event brings a new and exciting adventure. However, what happens when we decide to go beyond these common and everyday goals, and instead intentionally experiment with the bizarre and out of the ordinary?Well, just ask A.J. Jacobs. He has been living as his own personal guinea pig for most of his adult life. From posing nude at the request of Mary-Louise Parker, to living like George Washington, to being his wife's servant, Jacobs lives his life as if he is constantly being studied by a team of mad-scientists. Add on more zany life-altering experiments such as being a human unitasker, having no filter between his brain and mouth, and outsourcing his entire everyday life, and you have yourself a book!Jacobs is hard not to fall in love with. His writing is witty, organized - his notes in the back of the book are as good to read as the actual stories themselves - and he's hilarious as hell. When you are actually able to laugh out loud at a sentence, or read a paragraph to your spouse, then you know you're reading something good! Not to mention that he is the definition of an "average Joe" (in a good way!), which makes all his books even more interesting to read.The Guinea Pig Diaries is one of those books that is hard to put down. Once one chapter - or experiment - is finished, the next one instantly calls as you want to see how crazier Jacobs' life can get!See more of my reviews at: [...]/1 of 1 people found the following review helpful. Great read, fun insightsBy Scott LloydAfter enjoying Jacobs' last three books I had to read this one. I wasn't disappointed. While not as funny as *The Know-It-All* it definitely has its moments of hilarity and perhaps is even more illuminating. Yes, I read Jacobs for illumination as well as humor. In fact I wish he had given us more insights into some chapters such as when he posed nude for a magazine article. It would have been interesting to get more info on this archetypal celebrity event and its effects on the subject. I especially like Jacobs' tendency to add commentary as to whether the experiments created lasting change or were less compelling.I find Jacobs to be funny, readable, and clever. I just wish he would let his intelligence shine a bit more. That said, I hope the author is working on many more books (don't let my minor critique slow you down!).0 of 0 people found the following review helpful. Interesting and informativeBy asahmThoroughly enjoyed another of his books. This book is among the more captivating of his works. The topics of research covered provide lots of opportunity for humor. I only wish he could have done more!

One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports on the surprising and entertaining results. He goes undercover as a woman, lives by George Washington's moral code, and impersonates a movie star. He practices "radical honesty," brushes his teeth with the world's most rational toothpaste, and outsources every part of his life to India—including reading bedtime stories to his kids. And in a new adventure, Jacobs undergoes scientific testing to determine how he can put his wife through these and other life-altering experiments—one of which involves public nudity. Filled with humor and wisdom, *My Life as an Experiment* will immerse you in eye-opening situations and change the way you think about the big issues of our time—from love and work to national politics and breakfast cereal.

From Publishers WeeklyIn these outrageous and thought-provoking vignettes, Jacobs uses his own life to explore a host of social and personal issues: he outsources every aspect of his life to a team in Bangalore, India; he practices Radical Honesty and attempts to speak nothing but the truth for a month; to understand fame, he poses as a celebrity at the Academy Awards; he submits to his wife's every whim. While the audiobook—which is wholly enjoyable—may have been significantly stronger if professionally narrated, Jacobs's reading is true to his text, and there's something undeniably appealing about listening to the author describe the bizarre situations into which he again and again chooses to place himself. A Simon Schuster hardcover ( s, July 6). (Oct.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "Jacobs' experiments are about understanding oneself, making life more interesting and showing the reader a good time. And I love them for it."—San Francisco Chronicle"Both laugh-out-loud funny and enlightening." —People "Inspired and inspiring."—Vanity Fair"Off-the-wall and uproarious."—Publishers Weekly"The virtuoso of this self-as-guinea pig genre."—Brad Tuttle, Time"We love reading about the lifestyle experiments of author A.J. Jacobs."—Entertainment Weekly"Both laugh-out-loud funny and enlightening." —People"Over the years, [Jacobs' experiments] have grown more complex and deeper in potential meaning. Not to mention funnier and funnier."—The Kansas City Star"[T]he most enlightening moments are driven by his honesty, his sense of humor, and his willingness to constantly challenge his ingrained assumptions.... Hilarity, and quite a bit of learning, ensue.... In [My Life as an Experiment], he once again achieves a rare literary balance—an intellectual study of human behavior that will make readers laugh out loud or, in the more daring cases, inspire them to

try one of these experiments for themselves."—Providence Journal"He's not just in it for the yuks—though there are plenty of yuks. (He's very funny.) He has a curious, questioning mind and is always looking for larger meaning.... [My Live as an Experiment] is intelligent, insightful shtick."—Minneapolis Star-Tribune"[My Life as an Experiment] is as funny and instructive as memoir can get."—The Knoxville News-Sentinel"Immersive journalism' is a popular trope these days and Esquire editor A. J. Jacobs is one of its most entertaining adherents, performing a public service with his quest for knowledge in his latest book, [My Life as an Experiment].... His experiments, alternately Herculean and banal, are emblematic of how difficult it is in this modern age to find enlightenment; 'know thyself' regularly brushes up against the cold, rocky bottom of daily life."—LA Weekly"Jacobs... could be the funniest nonfiction writer this side of Bill Bryson.... The experiments themselves are fascinating and lead to genuinely surprising conclusions... and Jacobs storytelling is lighthearted and frequently laugh-out-loud funny.... There aren't a lot of nonfiction books you want to read over and over, but this is certainly one of them."—Booklist (starred review)"Jacobs continues his unique brand of immersion journalism... [and] his style is crisp and often laugh-out-loud funny.... [An] endearing and nimble look at how pursuing absurd extremes can illuminate the more mundane aspects of contemporary existence."—Kirkus

**About the Author**A.J. Jacobs is the author of *It's All Relative* and the New York Times bestsellers *The Know-It-All*, *The Year of Living Biblically*, and *The Guinea Pig Diaries*. He is the editor at large of Esquire magazine, a contributor to NPR, and has written for The New York Times, The Washington Post, and Entertainment Weekly. He lives in New York City with his wife and kids. Visit him at [AJJacobs.com](http://AJJacobs.com).