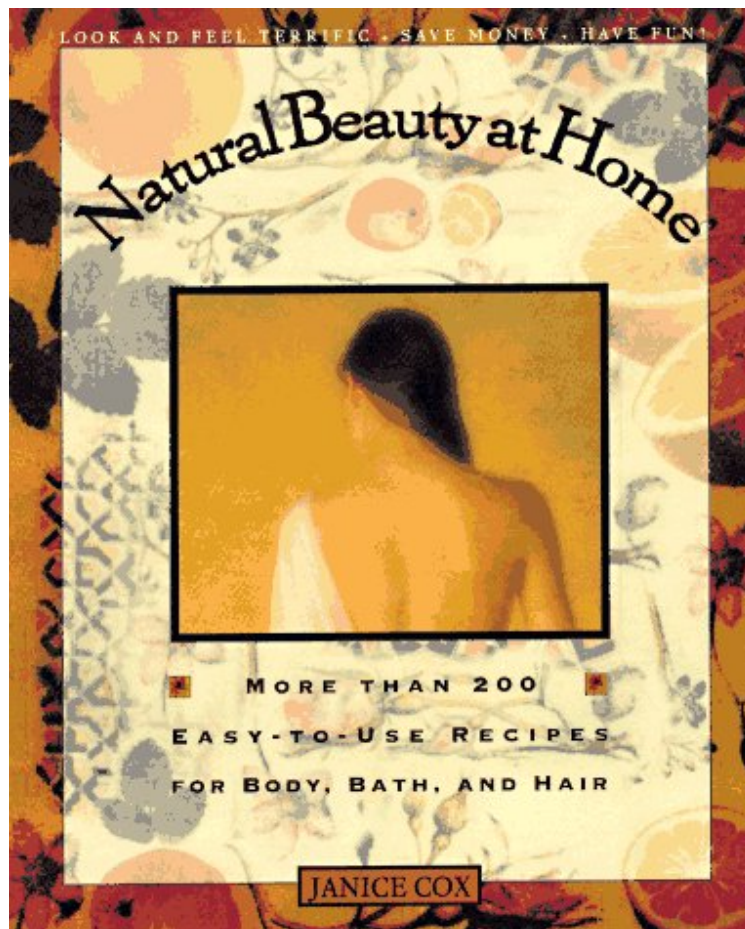


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## Natural Beauty at Home: More Than 200 Easy-to-Use Recipes for Body, Bath, and Hair

Janice Cox

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**Janice Cox : Natural Beauty at Home: More Than 200 Easy-to-Use Recipes for Body, Bath, and Hair** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Natural Beauty at Home: More Than 200 Easy-to-Use Recipes for Body, Bath, and Hair:

0 of 0 people found the following review helpful. Useful and creativeBy Taylor ShmaylorHas been a must have for my natural life style for years. I keep going back to it and I love that with natural products you can mix and match. It does a great job of detailing recipes for your goal or skin problem. It has some "advanced" type of recipes with ingredients that you may not already have in your home but plenty that are made with just common household ingredients from the pantry and fridge.2 of 2 people found the following review helpful. Great easy-to-make recipes!By Becky BirchThe recipes in this book don't require that you purchase expensive, hard-to-find ingredients. I bought this book because I have never made my own skin/hair care or bath and body products, so I wanted to start with recipes that a

novice could make successfully. I was not disappointed! The first recipe I tried, grape seed lotion, turned out great! I will be making many more body care products using the recipes in this book. I would recommend this book to anyone who is thinking about trying to make their own beauty products at home but doesn't know where to start. The author provides a description of the ingredients and equipment she uses which I found very useful. I was able to find the ingredients I needed at my local co-op, but any health food store should stock them or you can find them online. You should be able to buy beeswax from your local beekeeper. I now feel confident that I can make my own products at home, thanks to this book. 12 of 13 people found the following review helpful. What a great idea! By Azuree Riordan I bought the original edition of this book in 1994 when I was a teenager, but lost it when I moved a few years later. I loved it so much that when I couldn't find it in any bookstores, I ordered it from here, and was thrilled to find that it had been updated with new recipes. I'll admit that a few of the ingredients aren't easy to find, (I had to special-order Irish moss and stearic acid powder on the Internet) but it's so worth it once you actually get around to making the product. (The Basic Cold Cream is my favorite recipe; it will thicken correctly if you stir briskly with the pointed end of a skewer for five minutes during the cooling process) Who knew that making your own beauty products could be not only money-saving, but fun? This book even got me interested in a rare hobby that I never would have guessed I'd get into: Soap-making! (I had to special-order lye, too) Thank you, Janice Cox, for this gem of a book.

Beauty in modern America is a multibillion-dollar industry, and consumers spend hundreds of dollars on beauty products only to discover that they aren't satisfactory or effective. *Natural Beauty at Home* includes over two hundred of Janice Cox's recipes (many have been passed down through three generations of her family) for everything from shampoo and mouthwash to face masks and lip gloss, so readers can customize their beauty regimen, save money, and have fun, all at once. In this new edition, Cox has refined over twenty years' worth of simple and self-indulgent recipes for body and soul, including: o cleansers and scrubso creams and lotionso massage oils and aromatherapyo hair-care products