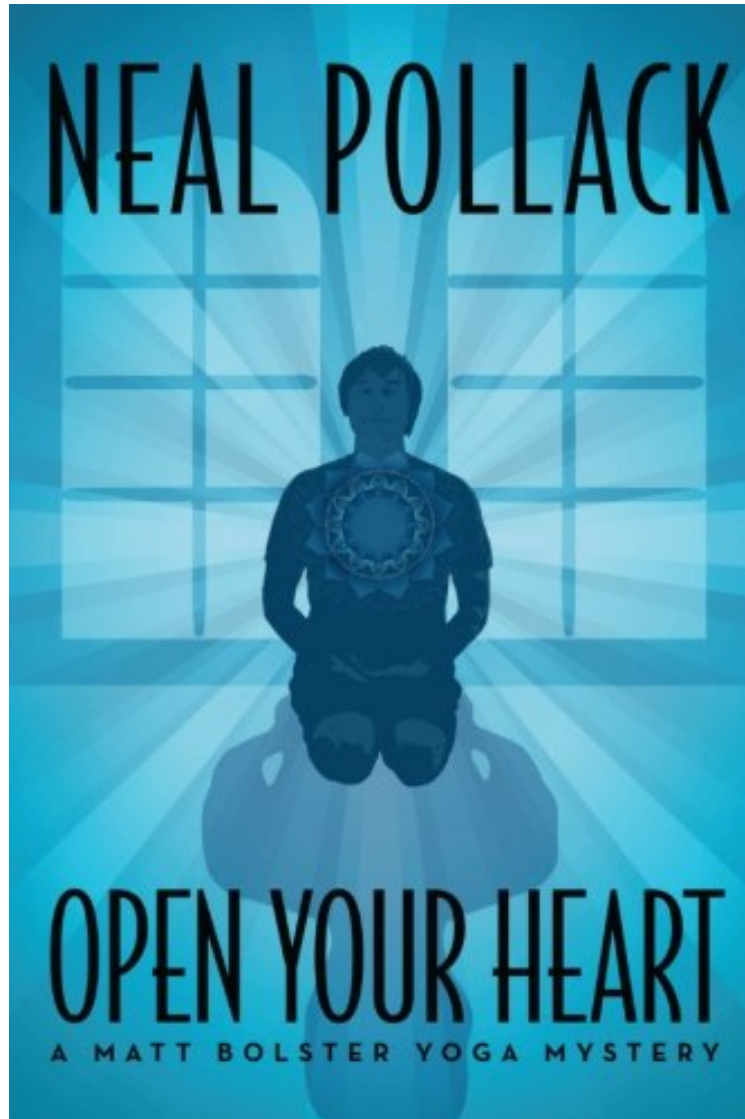


(Download) Open Your Heart (A Matt Bolster Yoga Mystery)

## Open Your Heart (A Matt Bolster Yoga Mystery)

*Neal Pollack*

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**Neal Pollack : Open Your Heart (A Matt Bolster Yoga Mystery)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Open Your Heart (A Matt Bolster Yoga Mystery):

7 of 7 people found the following review helpful. Completely CaptivatingBy Sage RountreeOnly one installment into this great follow-up to "Downward Facing Death," and I was laughing out loud at the send-up of contemporary yoga culture. Pollack's writing is satire in the original meaning: it skewers its subject, but--appropriate for a yoga book--it does it from a place of love, in the hopes of improving the subject of satire.The Kindle Serial format is fun, too. For only \$1.99, you'll get several installments of instant gratification. Buy it now!2 of 2 people found the following review

helpful. Nails a perfect mix of American yoga culture and murder!By David K.I've been reading Neal Pollack for a long time. At first I was skeptical when he took a hard turn into yoga with "Stretch", but when he put some murder into the mix along with awesome observations about the yoga scene, he hit it out of the park! The first Matt Bolster mystery was just perfect and I found myself laughing so much as I read it. Neal has really hit his stride with these books, I feel in that blissful yoga zone as I read. And yes, so far this one has started a little slower than the first, but man, the setup has been great so far and I can't wait to see where it goes...and to discover more of Neal's observations about yoga in the weird form it has taken in 21st century America (and yes, I have dipped my toes in those waters too!)0 of 0 people found the following review helpful. Questionable but okayBy Suzanne GegnaI really enjoyed the first book about Matt Bolster and looked forward to the second, but.....the book begins with a really brutal murder that has nothing to do with the actual plot of the book....seemed like the beginning of another story altogether. No one addresses why the guy had to be dismembered. I like the characters and the premise, but the editing of this kindle book was really sloppy. Especially the last part of it where it seemed as if no one really bothered to do more than spell check since there were real words, but in the wrong place. I'm not giving up on yoga dude Matt Bolster, but hope the next one I read is more professional.

After solving the murder of illustrious guru Ajoy Chaterjee, yoga detective Matt Bolster is finally getting some students at his Los Angeles yoga classes. With attendance now hitting the double digits, nothing can stop the Bolster express. When Bolster gets invited to teach at The Gathering, a prestigious yoga retreat run by the renowned Tom Hart, it seems like things can't get any better. Bolster is a little dubious about the cultish atmosphere, but, as they say in L.A., it's an honor just to be nominated. What starts off as a relaxing, decadent retreat quickly spirals into deadly chaos that forces Bolster to use all his yoga-detective powers, and also his fists. Open Your Heart, like Neal Pollack's first Matt Bolster book, Downward-Facing Death, is a biting satire of trendy, sexually-driven yoga culture, where ancient principles of loving enlightenment clash with the darkest corners of human nature. The latest in the Matt Bolster Yoga Mystery series will thrill readers, whether they read it while in Crow Pose or on the couch. This book was initially released in episodes as a Kindle Serial. All episodes are now available for immediate download as a complete book. Learn more about Kindle Serials

About the AuthorA veteran crime and humor writer and a certified Ashtanga vinyasa instructor, Neal Pollack has emerged as America's most trenchant, and funniest, observer of New Age yoga culture. Pollack is the bestselling author of the memoirs Alternadad and Stretch; the novels Never Mind the Pollacks, Jewball, and Downward Facing Death; and The Neal Pollack Anthology of American Literature, a cult classic of satirical fiction. In addition to his books, he's also a regular contributor to Wired, Vanity Fair, GQ, and many other publications. When he's not writing or doing yoga, Neal is the front man for the rock and roll band The Neal Pollack Invasion and a ring announcer for the Texas Rollergirls. He lives in Austin, Texas, with his wife and son.