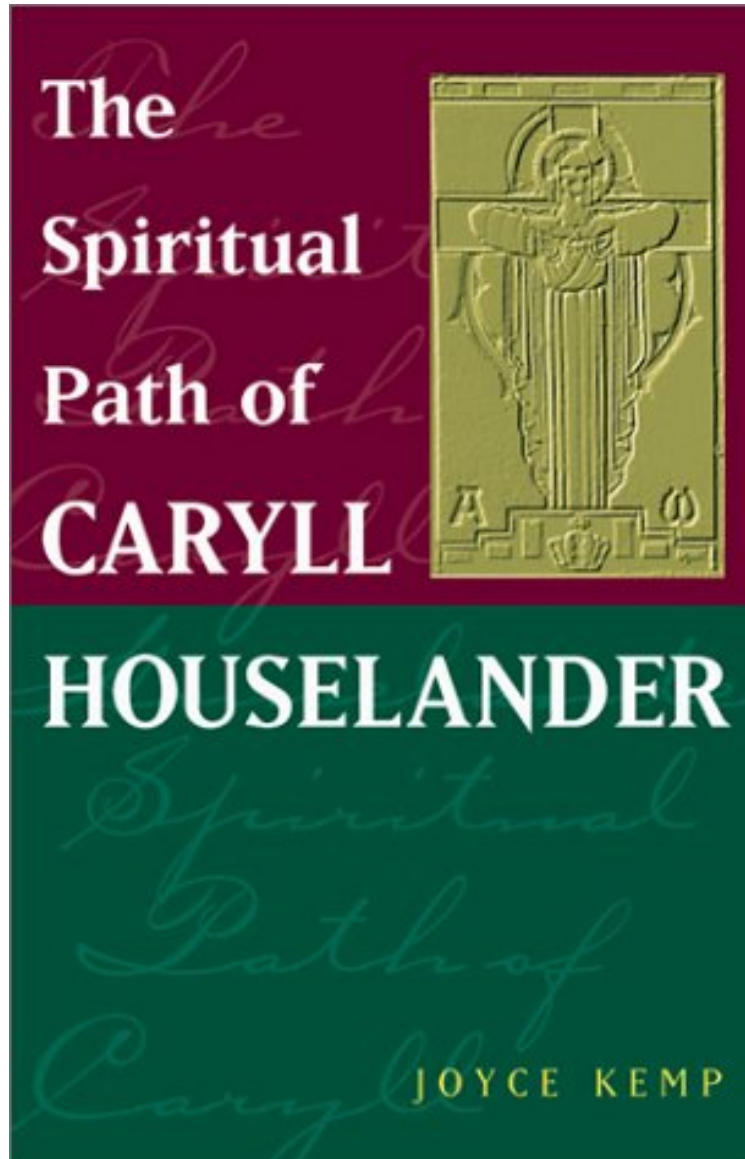


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## The Spiritual Path of Caryll Houselander (Jung Spirituality)

*Joyce Kemp*

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**Joyce Kemp : The Spiritual Path of Caryll Houselander (Jung Spirituality)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Spiritual Path of Caryll Houselander (Jung Spirituality):

1 of 1 people found the following review helpful. Caryll HouselanderBy MaineDruidA spiritual biography of some interest; Jung is scarcely evident.14 of 15 people found the following review helpful. A concise and moving presentation of Houselander's spiritualityBy olderandwiserJoyce Kemp, Ph.D. and a Religious of the Cenacle, presents a concise and moving description of the philosophy and life of Caryll Houselander, an English Catholic convert who

died in 1954, and whose works are very providentially being "rediscovered." Kemp writes in the Introduction: "The Christ-seed in many of us lies dormant. In order to bring it to life, we must die to ourselves, like seeds in the earth dying to give birth to the plant. Caryll saw that even during times when the soul seems to be shut and a winter of the spirit makes it almost impossible to pray, Christ is growing toward the spring of his flowering in us. Caryll's life is presented here as a work of art that is complete. By studying her life experience and her spiritual journey, we can find wisdom and guidance for our own." Each chapter concludes with exercises based on the work of Ira Progoff, Ph.D.; Jean Houston, Ph.D.; and St. Ignatius Loyola. These exercises contain interesting and pertinent material that further's one's understanding of Houselander's insights and how to apply them to one's own life. They avoid the platitudes of "pop" psychology and can be done in a group or alone. I highly recommend this book and hope it will make Caryll Houselander known to a new generation.

Caryll Houselander (1901-1954), English artist, spiritual writer, poet, social activist and mystic, was a unique laywoman who took holiness out of the monastery, cloister and rectory and into the offices, factories, farms, streets and homes of ordinary people. In this engagingly interactive book, part narrative biography and part practical spirituality, readers will be moved to see in Caryll's story something of their own life history. In nine chapters, Joyce Kemp explores aspects of Caryll's life, from her difficult childhood, through periods of searching, being touched by God, becoming involved with the poor and the marginalized in society, living through war, writing and meeting an early death through cancer. Each chapter is followed by spiritual exercises inspired by the techniques of Drs. Ira Progoff and Jean Houston, that are built around the topic of that period of Caryll's life. "Caryll's spirituality is for everyone, not just monks and nuns. It is for people who have no time to pray in peace and quiet.... When she shared her idea of rhythms with others, they, too, found some inner peace for their souls in the midst of the noise and distractions of their environment", affirms Kemp.

An appealing portrait. -- for ReligiousAn expansive and narrative biography. -- Spiritual Book NewsAn inviting book...offers a wonderful way to travel a spiritual path, following the life of another. -- Catholic Women's NETWORKThe very reading of this splendid book encourages us to do the same. -- Jean Houston, Ph.D. This is a moving and powerful book, illuminating the life of a great woman of spirit. -- Margaret Rubin, Director, Center for Sacred Theatre, Ashland, ORAbout the AuthorKemp holds a Ph.D. in Religion and Applied Spirituality from the Union Institute, Cincinnati, is Program Planning and Marketing Director of the Warrenville Cenacle Retreat House and Spirituality Center.