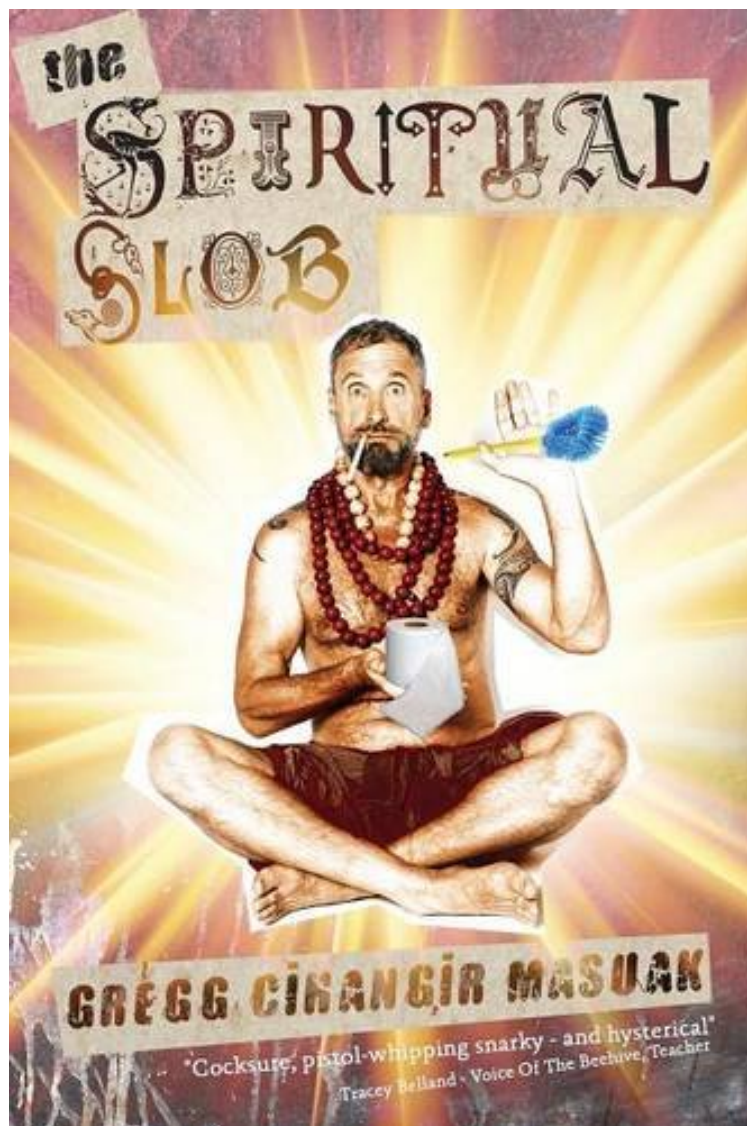


## The Spiritual Slob

Gregg Cihangir Masuak

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#5625695 in Books 2016-09-10Original language:English 9.02 x .54 x 5.98l, #File Name: 1944068155200 pages | File size: 74.Mb

**Gregg Cihangir Masuak : The Spiritual Slob** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Spiritual Slob:

0 of 0 people found the following review helpful. Amazingly clever. Funny, smart and fantastic to look at.By traceybeehiveWhat a funny fresh alternative to all the heavy handed self-important manifestos out there. It's visually phenomenal and as you're laughing your way through this tongue-in-cheek approach to enlightenment, something wonderful happens...you actually start to find answers the question of how to be happier. I loved it and will keep on

my nightstand for easy reference when I need a laugh and an encouraging word. 1 of 1 people found the following review helpful. Enlightenment and humor! By ZenA fun cup of humor for the spiritually minded. I liked this fun train to enlightenment!

The "As Above So Below" principle of the Universe and our active participation in the creation of the world around us is finally seared into our noggins in this funny, anecdotal-and much needed addition to the Spiritual Self-Help sector. Deliciously grounded and telling it exactly as it is, this is a truly helpful guide that packs a highly refreshing punch: giving you the nitty-gritty on how, by looking at the Divine Dis-order you've created around you, you can (finally) shift and change that energy in your life. Advocates of old-age practices such as "Feng Shui" and New-Age must-haves like "Affirmations" take note: Masuak's take-mp prisoners irreverance will leave you tossing out your Bagua's and Smiley-faces in favor of a vacuum and a hefty bag- or ever, shockingly, filling up your space with stuff you never even (until now) knew you wanted. Definitely not for the faint-hearted or the easilyoffended, "The SpiritualSlob" is perhaps the most entertaining and straight-forward book of its kind-the perfect antidote to those of us who are tired of flapping our wings so hard to get to heaven.

Definitely not for the 'dress in purple and crystals' brigade. At last a genuinely 'spiritual' book that's as funny and blunt as it is illluminating!" Scarlett Cannon-Heavenly Healer, Glamours Gardener, Style Icon "Mouthy Masuak and his no-nonsense approach to all things spiritual, has created THE Must-Have "Self-Help" book for the millenium. Entertaining, hilarious, and shockingly honest, make no mistake; The Spiritual Slob is a razor-sharp mirror to our souls and this author believes it to be perhaps the most important and refreshing book of its kind to come out in decades. Rupert Mellor-Journalist "The Spiritual Slob" is like being cornered by a mad Aunt with Tourettes: relentless, startline, and madly entertaining. But don't be fooled- there's an unmistakable method int he madness and a refreshing truthfulness that digs deep and does not let go. I've never laughed so hard or been so startled by a self-help book in my life!" Athene Parker-ActressAbout the AuthorFilm maker, music video, theater and commercial director Gregg Masuak pulls a universe of spiritual experience into the mouthiest, most politically incorrect antidote for those of us who are tired of flapping our wings so hard to get to heaven.