

The Stress Buster Box (Miniature Editions)

Joelle Herr

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Joelle Herr : The Stress Buster Box (Miniature Editions) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Stress Buster Box (Miniature Editions):

0 of 0 people found the following review helpful. Cute gift ideaBy Yvonne J. HomHad to bring a "less than \$10 white elephant" gift that represented Silicon Valley. This was perfect.0 of 0 people found the following review helpful. Great GiftBy TherinOakI sent this as part of a care package to a friend who was extremely stressed out. It's apparently a lot of fun and actually helpful.0 of 0 people found the following review helpful. It was the perfect, small gift for a coworkerBy C. WallaceI gave this to my boss as a small, but fun holiday gift. She LOVED it.

Chill! This thoughtful kit includes a wise and witty 32-page guide to managing stress, featuring innovative tips on identifying and coping with tension, and working toward a positive attitude. Also inside is a blow-up plastic boxing-glove to gently relieve any residual stress!

About the AuthorJoelle Herr is a freelance writer who has authored several previous Running Press mini kits including, The Stress Buster Box, Candidate in a Box, and Magnetic Sculpture. She lives in New York City.