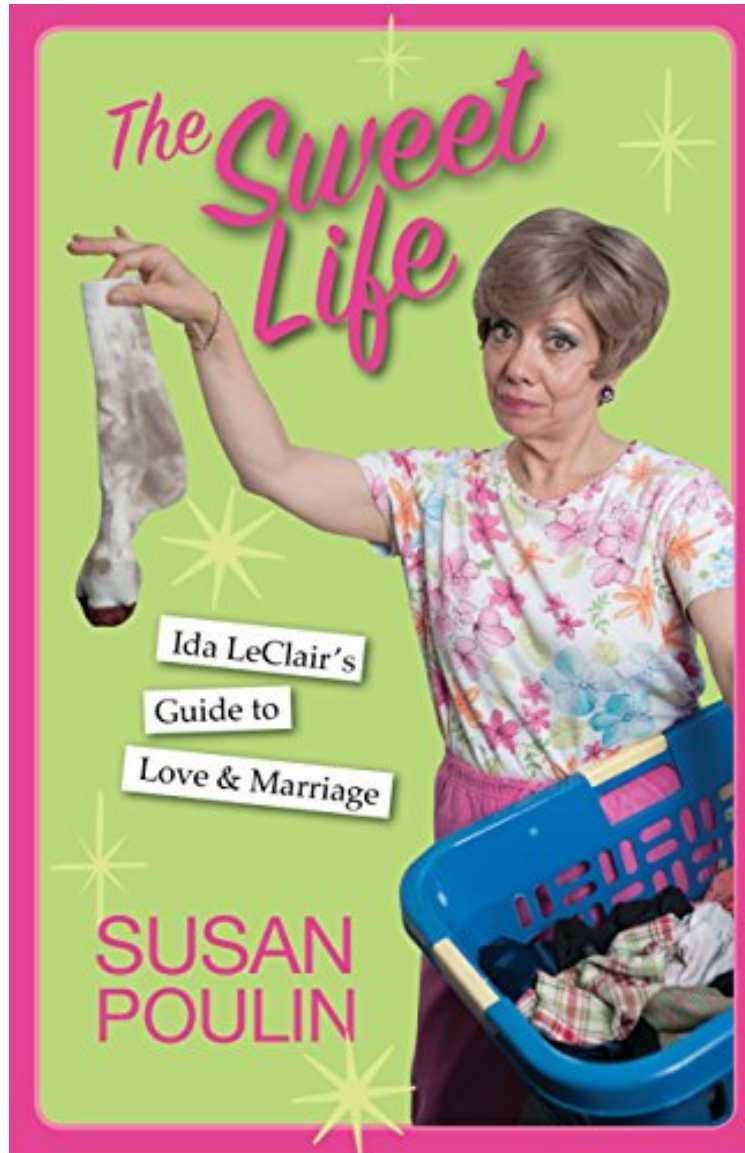


(Download) The Sweet Life: Ida Leclair's Guide to Love and Marriage

## The Sweet Life: Ida Leclair's Guide to Love and Marriage

*Susan Poulin*

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**Susan Poulin : The Sweet Life: Ida Leclair's Guide to Love and Marriage** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Sweet Life: Ida Leclair's Guide to Love and Marriage:

1 of 1 people found the following review helpful. Great (and humorous) advice on love and marriageBy George Smith, outdoor and travel writerIda Leclair's new book (Oops, I mean Susan Poulin's new book), The Sweet Life, published by Islandport Press in Yarmouth, is a humorous, insightful, and entertaining guide to love, marriage, and more. It's easy to get Susan and Ida mixed up. Susan is the real person. Ida is on her-stage character. And Ida is a character. The

book features Ida's (Susan's) advice. If you liked Susan's earlier book, *Finding Your Inner Moose*, you will really love this one, filled with hilarious stories that demonstrate her very practical advice, much of it aimed at husbands (go figure). In the section titled "Straight Talk from Barcalounger: When in Doubt, Hug it Out," Ida tells us, "Sometimes your wife's gonna be mad at you, and you'll have no idea why. Number one rule: don't ask her what's the matter. That'll only make her more irritated at you because you can't read her mind. Hey, it's not fair, but life ain't fair." Some of the advice is serious, including how to deal with the death of your spouse in the section titled "The Last One Standing." The story of spending time with a friend whose husband died is thoughtful and touching. I even loved the book cover photo of Susan with a bucket of dirty clothes, holding up her husband's filthy sock. My wife has been there, done that! There's something for everyone in this book. Thank you Ida! I mean Susan! 0 of 0 people found the following review helpful. A Sweet Life indeed!!

By Denis Ledoux  
Susan Poulin's chronicle of the fictional Ida LeClair's life is a delight to read. Full of pithy sayings and down-home "real life" examples, this book takes the reader through the highs and lows of relationship. Susan's humor is at its best here as she portrays Ida, a Franco-Mainer from Mahoosuc Falls [sorry you'll have to go to the book to find Mahoosuc Falls as it's not on the map], and her life in the double wide she shares with hubby Charlie. You will find yourself smiling and even laughing as you read *The Sweet Life* and always delighted to be following Ida around through her day. I highly recommend *The Sweet Life*. (If you ever get a chance to see Susan in Performance, don't miss the opportunity—which is where I bought my copy of her second book. I am subscribed to her blog RSS and get a weekly dose of Ida. I suggest you do the same!)

Susan Poulin, the "funniest woman in Maine," is back from *Finding Your Inner Moose* to show us all how to keep all our relationships sweet, simple, and easy. In *The Sweet Life*, Poulin (through her popular alter-ego and stage character Ida LeClair) offers a fresh view on love, marriage, and dating through a combination of sassy stories and serious advice. Whip-smart yet down-to-earth, the book strikes the perfect balance between humorous and heartfelt. Reading *The Sweet Life* feels like talking to an old friend one with great advice, plenty of experience, and a few great recipes to boot.

Forget Dr. Phil. Who needs an overpaid television talking head when Maine has Ida LeClair to straighten out all kinds of marriage problems? . . . *The Sweet Life* is as funny as you'd expect, but it's also refreshingly serious as Ida and her husband, Charlie, provide wise guidance on marriage, sex, growing old, preparing for the loss of a spouse and living again as a single person . . . Best, however, is her wisdom about arguing with your spouse: Do you want to be right or happy? --Bill Bushnell, *Central Maine Newspapers* a humorous, insightful, and entertaining guide to love, marriage, and more . . . filled with hilarious stories that demonstrate her very practical advice --George Smith, [georgesmithmaine.com](http://georgesmithmaine.com)

About the Author  
Writer and performer Susan Poulin is the author of *Finding Your Inner Moose: Ida LeClair's Guide to Livin' the Good Life*, as well as ten plays, five of which feature her alter ego, LeClair. The first of these, 1997's "Ida: Woman Who Runs With the Moose" was awarded the Seacoast Media Group's Spotlight on the Arts Award for Best Play and Best Actress. *Moose* was followed in 2005 by "Ida's Havin' a Yard Sale!," for which Susan received SMG's Best Original Script and Best Actress award, and "A Very Ida Christmas" in 2008 (nominated for SMG's Best Original Script). Susan also writes the popular Maine humor blog and podcast, "Just Ask Ida." Since her debut, Ida has entertained thousands of people from Maine to Minneapolis with her unique brand of wit and wisdom. Her sense of humor simply knows no bounds.