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Sarah Jordan

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Sarah Jordan : The Teen Owner's Manual: Operating Instructions, Troubleshooting Tips, and Advice on Adolescent Maintenance (Owner's and Instruction Manual) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Teen Owner's Manual: Operating Instructions, Troubleshooting Tips, and Advice on Adolescent Maintenance (Owner's and Instruction Manual):

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At Last! A Comprehensive Guide to Understanding Teens Hormones. Rebellion. Moodiness. Peer pressure. No parent can be fully prepared for all the challenges associated with adolescence. Fortunately, The Teen Owner's Manual is here to answer your most pressing questions: How can I teach my teenager to make smart decisions? How do I keep her safe on the Web? How do I get him to communicate? How and when should I talk to her about sex? Whatever your concerns, you'll find the answers right here—courtesy of parenting author Sarah Jordan and adolescent medicine specialist Dr. Janice Hillman.

About the AuthorSarah Jordan is a National Magazine Award nominated author who has written for magazines and newspapers including Parents and Parenting. She is the author of The Pregnancy Instruction Manual and coauthor of The Worse-Case Scenario Survival Handbook: Parenting and The Worst-Case Scenario Survival Handbook: Weddings. She lives in Philadelphia with her husband and two children. Janice Hillman, M.D., FACP, is an adolescent medicine specialist and has been practicing in the University of Pennsylvania Health System for more than 20 years. Named consistently as one of Philadelphia magazine's "Top Docs," she frequently lectures to parent and student groups. Dr. Hillman expresses profound gratitude to her family, friends, and patients for their support, confidence, and trust. She cites her greatest achievement, both personally and professionally, as the successful navigation of the teenager years with her two young adult daughters, Jennifer and Abigail.