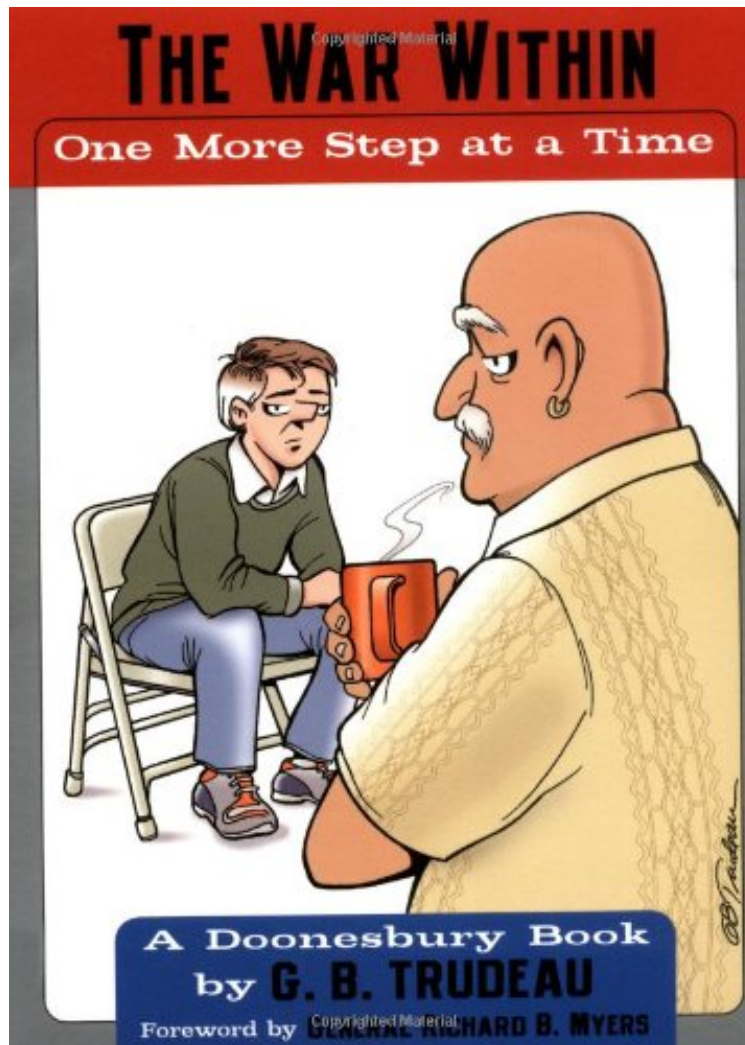


(Free and download) The War Within: One More Step at a Time (Doonesbury)

The War Within: One More Step at a Time (Doonesbury)

G. B. Trudeau

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G. B. Trudeau : The War Within: One More Step at a Time (Doonesbury) before purchasing it in order to gage whether or not it would be worth my time, and all praised The War Within: One More Step at a Time (Doonesbury):

0 of 0 people found the following review helpful. Five StarsBy James C. LacockGreat writing and story development.36 of 36 people found the following review helpful. Highly recommendedBy Midwest Book ReviewFeaturing a foreword by General Richard B. Myers (USAF, Ret., Former Chairman of the Joint Chiefs of Staff) The War Within: One More Step At A Time is a unique collection of G. B. Trudeau's Doonesbury newspaper comics that is not only humorous, but also cutting-edge relevant . The strips follow the daily life Vietnam, Gulf War, and Iraq War veteran B.D., whose tour of duty was cut short by a near-death experience, the loss of his leg, and perhaps most shockingly, the loss of his iconic helmet. Far more life-altering than the physical damage is the post-

traumatic stress disorder that leaves him increasingly disoriented, hostile, withdrawn, and turning to alcohol to self-medicate. When B.D. is on the verge of mistaking friends and family for mortal enemies, the turning point comes when he overhears his own daughter say that she has become afraid of him. Help comes in the form of the local Vet Center, and the skillful aid of counselor and fellow Vietnam vet Elias. *The War Within* brims with classic Trudeau wit, yet also reveals the author's resolve to accurately portray the harrowing pressures America's armed forces are subject to during and after risking their lives in the service. Highly recommended. Proceeds from "The War Within" are to benefit Fisher House, a "home away from home" for families of patients receiving medical care at major military and VA medical centers. 1 of 1 people found the following review helpful. A Happy second time around with Gary Trudeau! By HazelnutI used to follow *Doonesbury* in the newspaper, and was happy to discover many of his stories in book form. If you enjoyed Trudeau in the papers, you'll enjoy him in books!

Your compassionate portrayal of Lieutenant B.D.'s recovery and struggle . . . has touched our Warrior family and opened the eyes of the rest of the world to the physical, emotional, and personal challenges our soldiers face. "The initial stages of B.D.'s recovery from losing a leg in Iraq were dramatically portrayed in *The Long Road Home: One Step at a Time*, but his healing journey was far from over. As this powerful sequel shows, the "war within" can be a long and lonely struggle, hardly the life of a "glamorous amputee" imagined by his daughter's jealous classmate. With his coaching job at Walden re-secured and the marathon PT sessions paying off, B.D.'s return to normalcy seems to be progressing well. But those who love him see alarming signs of trouble, namely anger and alcohol. First there's the punching of an MP. Then there's the daily breakfast of beer, a subject not open for discussion even with a best-intentioned friend like Mike Doonesbury. And "the screaming at night isn't very Christmassy," Boopsie notes. As B.D. admits to his doctor, "I'd rather sleep with my weapon than my wife! How messed up is that?" Messed up enough that our wounded warrior forces himself to begin circling the local Vet Center, where he is gently and skillfully reeled in by a remarkable counselor and fellow Vietnam Vet named Elias. Their sessions together form an extraordinary and moving chronicle of catharsis and coming-to-terms. The words "Welcome home, soldier," are powerful and transformative, and B.D. is fortunate in finally getting to a place where he can hear them.

About the Author G. B. Trudeau has been drawing his Pulitzer Prize-winning comic strip for more than forty years. In addition to cartooning, Trudeau has worked in theater, film, and television. He also has been a contributing columnist for the New York Times op-ed page and later an essayist for Time magazine. He is a fellow of the American Academy of Arts Sciences. He lives in New York City with his wife, Jane Pauley. They have three grown children.