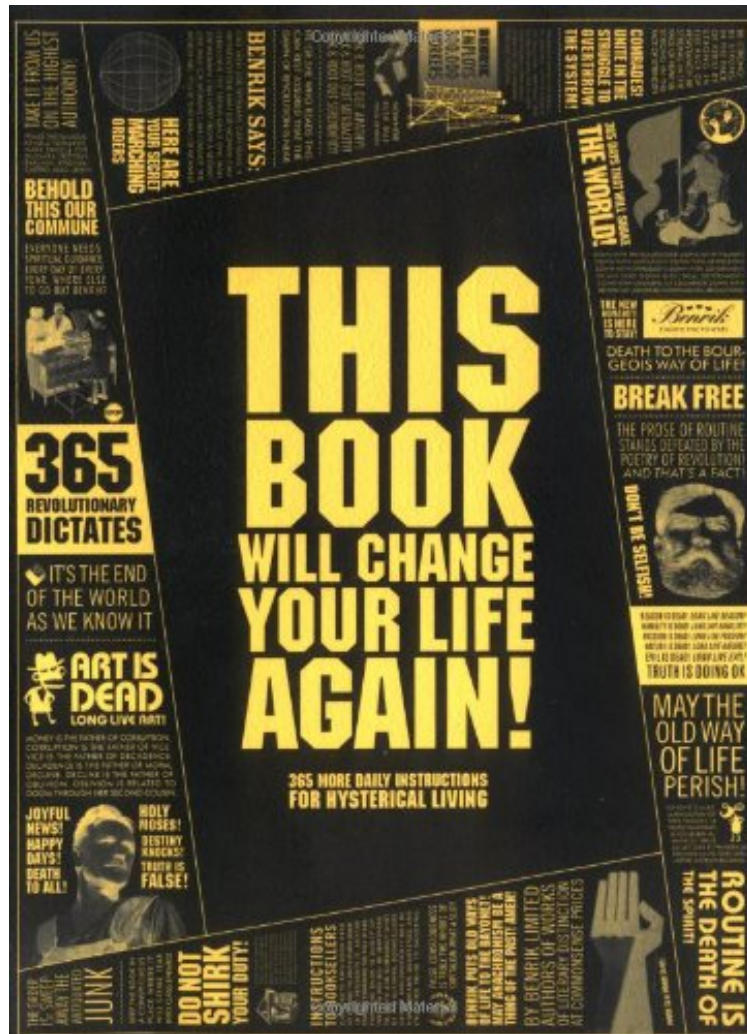


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Benrik, the irrepressible force behind bestselling phenomenon *This Book Will Change Your Life*, returns with a whole new year's worth of hilarious daily guidance to add a little spice to your dull life. *This Book Will Change Your Life* has even greater ambitions than its forefather, aiming to subvert not only your own life, but the whole of society—as only Benrik can. Part instruction book, part therapy, part religious cult, part sheer anarchy, this wickedly funny day planner will help you stick a spoke in the wheel of your routine, every day of the first year of your new life. Days to spice up your life include: * Claim you're Jesus day * Lobby Celine Dion to sing about you * Bake naked day * Let children rule the world * Speak only Esperanto day * Speed-read *War and Peace*

About the Author Benrik are Ben Carey and Henrik Delehag, authors of the bestselling *This Book Will Change Your Life* and *This Book Will Change Your Love Life*. Ben likes dogs, but Henrik is more of a cat person. Their combined IQ is 346 and their combined age is 60.