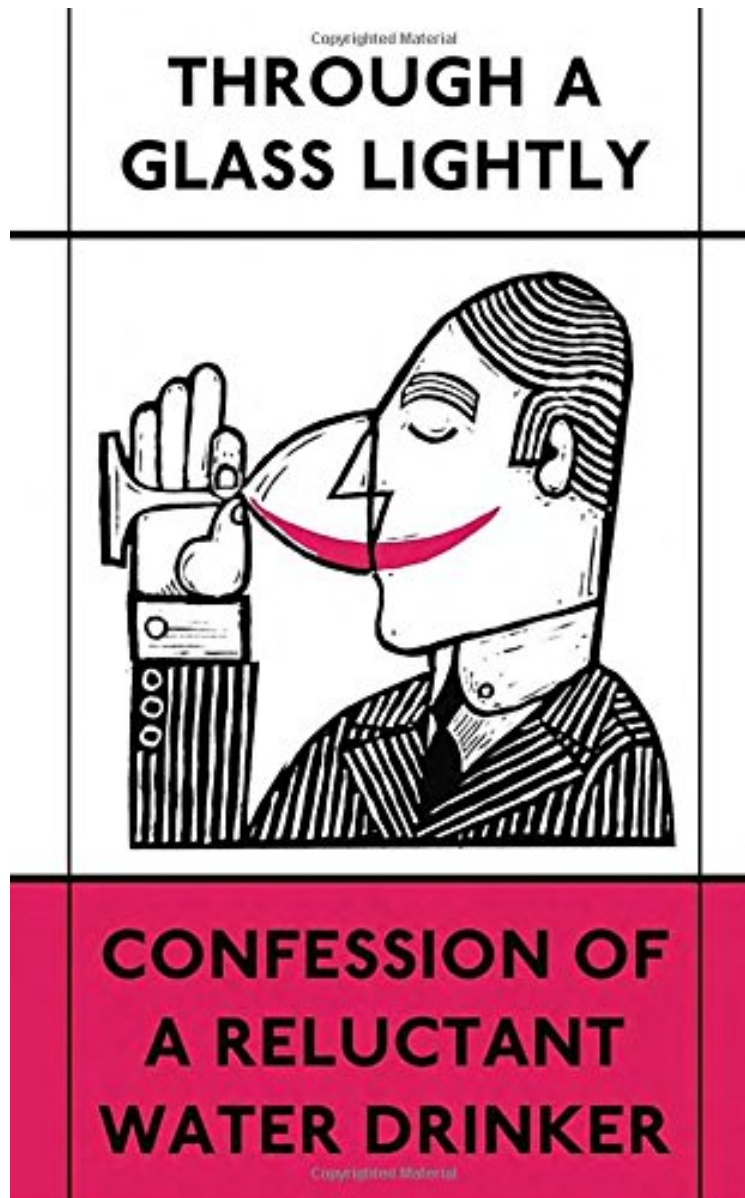


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Through a Glass Lightly: Confession of a Reluctant Water Drinker (The London Library)

Thomas Tylston Greg

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Glass Lightly: Confession of a Reluctant Water Drinker (The London Library):

The love of drinking was well-developed in the nineteenth-century Englishman. With chapters on port, claret, sherry, champagne, Burgundy, Madeira, wine cellars, glasses and butlers, *Through a Glass Lightly* is a love letter to wine and everything that came with it. But the passionate tale has a sorry ending: in the final two chapters, the author develops gout and has to become a teetotaler in order to be able to take out life insurance. The books in "Found on the Shelves" have been chosen to give a fascinating insight into the treasures that can be found while browsing in The London Library. Now celebrating its 175th anniversary, with over seventeen miles of shelving and more than a million books, The London Library has become an unrivalled archive of the modes, manners and thoughts of each generation which has helped to form it. From essays on dieting in the 1860s to instructions for gentlewomen on trout-fishing, from advice on the ill health caused by the "modern" craze of bicycling to travelogues from Norway, they are as readable and relevant today as they were more than a century ago.

"Thomas Tylston Greg pays homage to a drink many of us love in *Through a Glass Lightly: Confession of a Reluctant Water Drinker*. Don't let the title fool you; it is wine he celebrates, not H₂O. The author looks at the beloved beverage from the nostalgic perspective of someone who has had to give it up. As such, it'll make you appreciate wine all the more." *Bustle* "A perfect stocking filler for any of your friends who have an interest in wine" *Standpoint* "You should buy this book for the one-liners alone." *The Times (UK)* "Written in the kind of clubbable style which will be familiar to anyone the reviews and essays of WE Henley or Max Beerbohm." *Spectator* "An inspired idea...an innovative series." *Spectator (of the London Library series)* "A heavenly little series." - *Observer's Best Holiday Reads 2016* About the Author Thomas Tylston Greg was a member of a wealthy mill-owning Manchester family. He worked as a solicitor and married Mary Hope when he was 37 and she was 45.