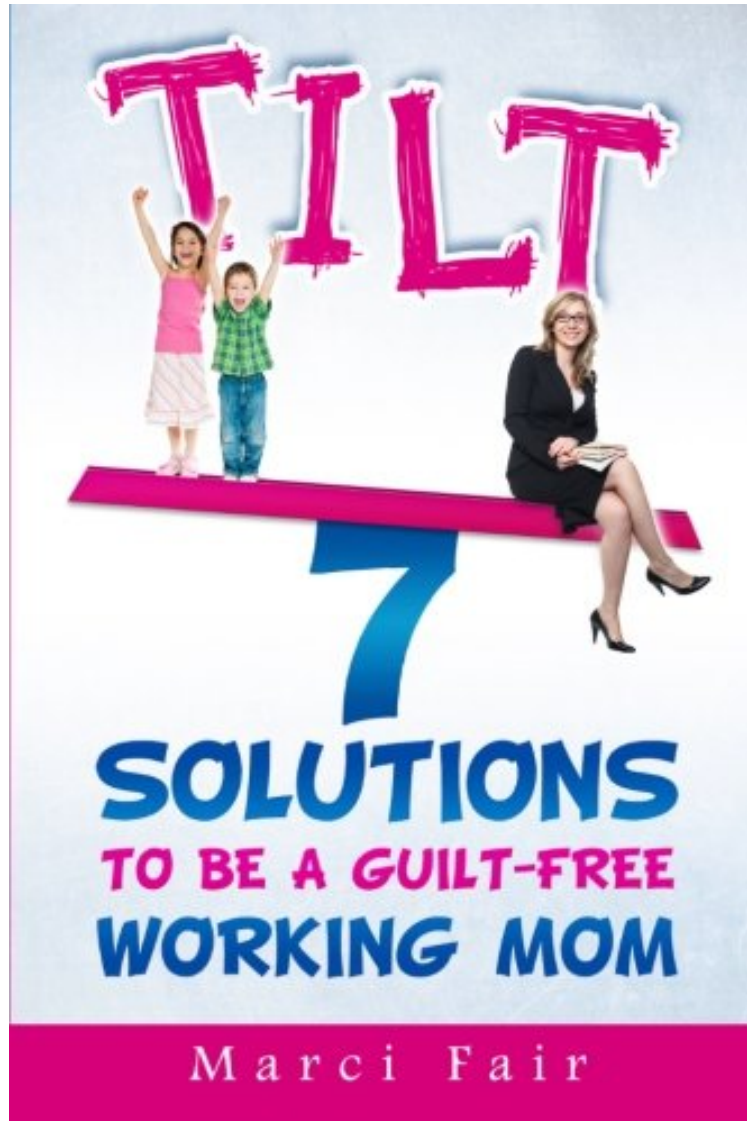


[Read now] Tilt: 7 Solutions To Be A Guilt-Free Working Mom

## Tilt: 7 Solutions To Be A Guilt-Free Working Mom

*Marci Fair*

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#650984 in Books Ingramcontent 2013-12-05Original language:EnglishPDF # 1 9.00 x .72 x 6.001, .94 #File Name: 0615859895318 pagesTilt 7 Solutions To Be A Guilt Free Working Mom | File size: 71.Mb

**Marci Fair : Tilt: 7 Solutions To Be A Guilt-Free Working Mom** before purchasing it in order to gage whether or not it would be worth my time, and all praised Tilt: 7 Solutions To Be A Guilt-Free Working Mom:

0 of 0 people found the following review helpful. Great readBy Robin PerronAs a new mother of a beautiful 1 year old TILT – 7 Solutions to Be a Guilt-Free Working Mom by Marci Fair really spoke to me. While it really is geared towards helping the working mom learn how to manage the many things on their plate, I think that even other stay at home moms like me can relate to it. Marci does a great job at identifying ways that the busy mom can make their lives less stressful and more rewarding. The part that stuck with me the most was in the first chapter. When I learned I was

pregnant and since then I have struggled greatly with finding a balance between wanting a career for myself and wanting to be able to stay home with my daughter like my mother did. I felt as though in order to have the one I would have to sacrifice the other. Reading TILT, however, is helping me to accept that it is ok for me to have still have dreams and aspirations for myself. In fact, it is more than OK; it is good for my child, myself, and my whole family if I continue to dream. Another great part of this book is the stories that Marci uses to help illustrate how her tips can help you to find balance in your busy day to day lives. This was a great read. 0 of 0 people found the following review helpful. My purpose is in my journey By LA Howell TILT- 7 Solutions To Be A Guilt-Free Working Mom by Marci Fair is a 319 page parenting guide. It includes an About The Author page, a Foreword, 3 Parts (4 chapters in Part 2), resources and notes. I have to say that my son has graduated college and my daughter is still in college, but this book still spoke volumes to me. I would recommend it to pregnant woman. It is a terrific source of inspiration and wisdom. Kudos to Fair for fitting it into her schedule and writing it. My favorite was in Part 2, chapter 2, Connecting with your kids today. 'I try to think about where they are in their lives, who they are, and what is important to them.' When life gets busy it is too easy to overlook or dismiss things that at the time WE do not think is important. This section brought back a lot of memories. I wish I had this book fifteen years ago! Recommended read. 0 of 0 people found the following review helpful. There is so much pressure in our society to be the best you can be By MrsGI soooo needed this book right now. There is so much pressure in our society to be the best you can be, whether it is a bread winner, or a Stay-At-Home-Mom, or a mom who works and feels obligated to take care of the kids. We have guilt no matter what road we take. 7 Solutions To Be A Guilt Free Working Mom gave me a profound ne perspective on how to balance life. So well written and I recommend to all working moms, and dads too! This is a great book to give to someone and I will be gifting this for Christmas.

Juggling work and family has never seemed more possible than in Marci Fair's parenting guide, TILT. It was written out of the difficult struggles and unexpected answers that Fair has found on her journey through the TILT of life, work, and motherhood. A working mother of four children, Fair shares her decades of insight in an enlightening way that weaves in quotes from her children along with more than one hundred practical, guilt-free parenting tips for the challenges working mothers face. Fair shows how mothers can live imperfectly on purpose. She inspires them to determine what matters the most for themselves and their families, and then to focus on what lasts beyond childhood. The wisdom of more than eighty other working mothers also demonstrates how moms can grow through their journeys to find happiness and success along the way. Balance is impossible; Fair teaches us how to TILT instead. She encourages that helping our children dream, without giving up on ours, sets an important parenting leadership example. Through TILT, we learn how to choose, in the nucleus of our families, to set the example by shining our own light, so we can love, guide, and empower those little lights we brought into this world.

"TILT is more than a parenting book, it is a tribute to our journey as moms, but not forgetting our journey as women." Angela Chee, TV Host, The Zen Mom "TILT is totally relatable can help working moms today overcome guilt. Marci shares with us practical ways to build the family life professional life we aspire to, while setting a great example of love leadership for our children." Rachael L. Bodie, Regional Director, The John Maxwell Company "TILT is an excellent resource for working moms to build a fun truly fulfilling motherhood." Eadaoin Waller, Partner, Anderson, Tate Carr, PC "Marci Fair really gets working moms (and all moms), and the guilt we feel when we aren't perfect or try to take time for ourselves. TILT is chock full of fantastic ideas, "been there, done that" anecdotes from all types of moms, and inspiration to keep us in a positive frame of mind and, dare I say it, guilt-free! It's a must read for every mom!" Elisa All, Founder, 30 Second Mom, a 30Second Mobile brand "Not only is TILT a great resource for working moms, it is a reminder of what really matters in our lives." Diedra Sorohan, Managing Partner, O'Kelley Sorohan Attorneys At Law, LLC "Finally a book for professional women who have a heart for mothering!" Bonnie M. Rich, Assistant Director, Georgia State University College of Law Tax Clinic "I ABSOLUTELY LOVED THIS BOOK!" Mo Anderson, Vice Chairman of the Board, Keller Williams Realty International From the Author It took me several years to write TILT, in between working, life and mothering four children. As a busy mom myself, I wanted the book to be easy for another busy mom to pick up and quickly see an idea, a tip or an inspiration that she would be able to use to improve her life right away.