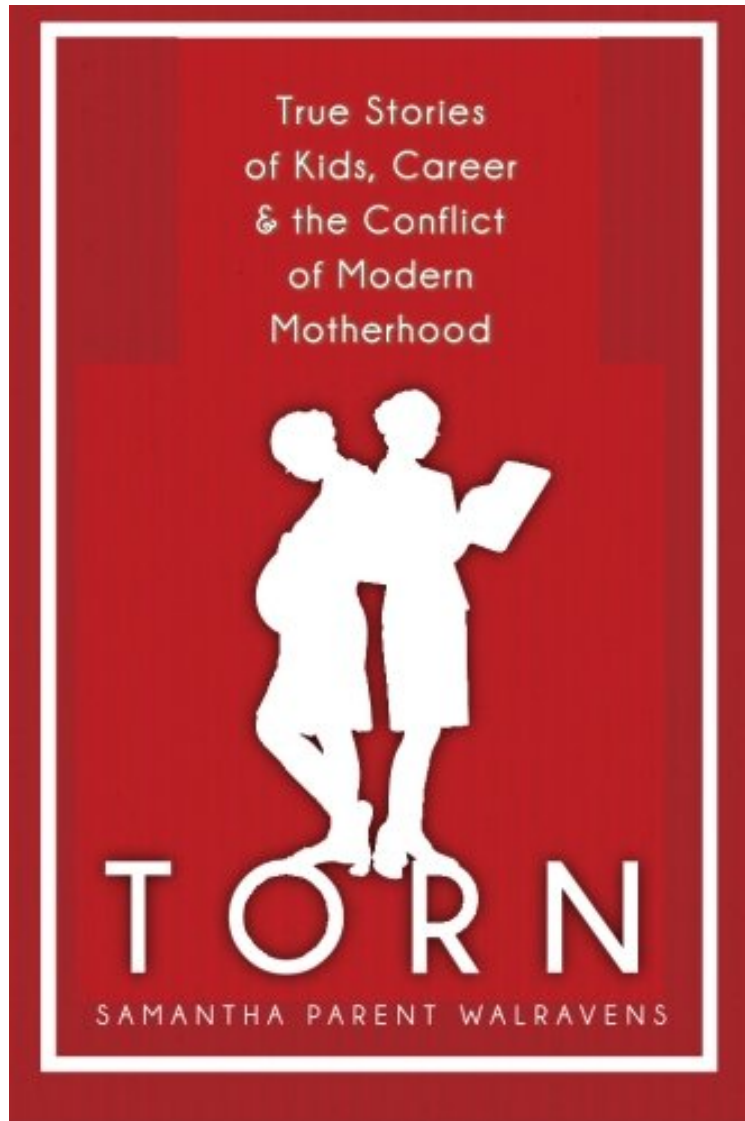


(Download pdf ebook) Torn: True Stories of Kids, Career the Conflict of Modern Motherhood

Torn: True Stories of Kids, Career the Conflict of Modern Motherhood

From Coffeetown Press
*ePub | *DOC | audiobook | ebooks | Download PDF*



[Download](#)

[Read Online](#)

#746405 in Books 2011-04-24 2011-04-24 Original language: English PDF # 1 9.00 x .72 x 6.001, .89 #File Name: 1603810978288 pages | File size: 29.Mb

From Coffeetown Press : **Torn: True Stories of Kids, Career the Conflict of Modern Motherhood** before purchasing it in order to gage whether or not it would be worth my time, and all praised Torn: True Stories of Kids, Career the Conflict of Modern Motherhood:

1 of 1 people found the following review helpful. I enjoyed reading the variety of stories in different styles and ...By Sarah E. GrangerTORN provides important insights into the days and years of challenges mothers have to face in the

modern age. I enjoyed reading the variety of stories in different styles and voices. The essays were extremely well-written and informative. They also provide a real life perspective that I think is particularly useful for those not in the same situation — women considering children, men who want to understand what their wives and partners deal with on a regular basis. Real world stories about speeding up, slowing down, and struggling as parents. A very enjoyable read. 2 of 2 people found the following review helpful. Insight from the front lines
By D. Huffman
As a full-time working mom struggling to find balance between motherhood, career, family and wife, this book was a blessing. If you are looking for a how-to guide, or even solutions to do the above, you won't find it in this book. Rather, you'll find essays written by women who have either "been there" or are going through it now. For me, these stories created a sense that I wasn't alone in the day-to-day struggle of modern motherhood. Some of the stories gave me insights into how to find that balance, while others gave me perspective. The stories are written from the perspective of women who continue to manage a full-time job to those who work part-time, and those who are full-time moms. They share their ups, downs, stumbles and triumphs. In each one, you get a sense that there is no solution. Rather, every woman, such as those featured in this book, have the ability to be the mother they want to be, rather than what society might dictate. I highly recommend this book to every mother, new or otherwise. It was a great read, and my only regret is that it ended. 1 of 1 people found the following review helpful. Torn brings to life the challenges moms face at work and at home.
By Lisen H. Stromberg
I had the pleasure of reading Torn when I was doing research for my book, Work Pause Thrive: How to Pause for Parenthood Without Killing Your Career. Work PAUSE Thrive: How to Pause for Parenthood Without Killing Your Career I interviewed 186 women for Work Pause Thrive and found them echoing so many of the sentiments in Torn. Each essay brought to life the very real challenges mothers face as we try to integrate work and family. You will find yourself somewhere in these pages.

Real Mothers. Real Careers. Real Conflict. Striking the right balance between career and motherhood is one of the most stressful, heart-wrenching tasks facing women today. In Torn, forty-six women examine the conflict between the need to nurture and the need to work, and reveal creative solutions for having the best of both worlds. The stories in the collection offer hope and inspiration, but they also reveal the messy realities of modern motherhood and life's inevitable crises, both small and large: from breast pump mishaps to battles with cancer; diaper blowouts to debilitating depression; competitive cupcake baking to coming home from war. In the end, the reader can take comfort in the knowledge that there is no perfect mother; nor is there a perfect balance when it comes to kids and career. The real challenge facing women today is not juggling their many roles, but realigning their expectations of what is possible and accepting that success does not equal "doing it all." TORN was selected as a Mom's Choice Awards Gold Medal Winner for 2011.

FROM THE NEW YORK TIMES: "TORN is filled with the voices of women trying to solve an impossible equation, all doing the best they can. These nearly four dozen writers include a wide swath of the real world - attorneys and professors, software designers and social workers, soldiers and stay-at-home moms. They live on good incomes, and reduced incomes, and, in one case, on welfare. They are married, divorced and single. They write about big things (cancer, depression, regrets, teen pregnancy, readjusting to being a mom after being a soldier in Iraq) and small (worm bins, cupcakes, speeding tickets, Dora the Explorer, dirty diapers.) All of them have one thing in common - they have all compromised. Whether theirs is a compromise they can live with is the central question." -- Lisa Belkin, The New York Times "For those of us who live in a constant state of anxiety about how we've compromised our careers for our kids or the other way around, books about the the work/life balance and how other women have dealt with it remain perennially interesting. Torn is a welcome addition to this body of work The point that nobody actually has it all is made all the more compelling when it is made by a choir of voices." -- Deborah Netburn, Los Angeles Times "Torn offers up the finest imaginable gift for today's moms, no matter whether you work or stay at home: the comforting truth that we all juggle life and kids as best we can, and that moms ride this nutty 'mommy wars' roller coaster together." - Leslie Morgan Steiner, author of Mommy Wars and the NY Times bestseller, Crazy Love "A fascinating look at Mothering 2.0. In Torn, a new generation of mothers explores the delicate balancing act of work and family life with intelligence, wit, and candor." --Willow Bay, Senior Editor, The Huffington Post, and Special Correspondent, Bloomberg Television "A tender, humorous, and sometimes heartbreaking collection of experiences as unique as the women who lived them. For those of us who were guided, and often defined, by the women's movement, these stories resonate in a way that is both sustaining and essential." --Victoria Zackheim, Editor, He Said What? Women Write About Moments When Everything Changed "Torn is a poignant look at how a generation of mothers is trying to forge its own identity while honoring the legacy of 60s and 70s feminism. Sometimes freedom can be its own trap, and this book illustrates that principle beautifully." --Neal Pollack, Vanity Fair columnist and author of Alternadad and Stretch "Finally, a reality-based look at life, love and motherhood for real women from real women. No quick fixes or fantasy escapes here. Just good, old-fashioned, in-the-trenches camaraderie that lets you know you are not alone and that the fight is worth it. Really!" --Allison Glock, author of the award-winning memoir Beauty Before Comfort and mother of two girls she still hugs in public "Torn speaks a bold, discomfiting truth: there is no easy solution when it comes to

balancing career and parenting. These unflinchingly honest stories reveal the unusually high stakes of women's choices about work and family--for their marriage, their children, their career, their financial life, and especially for their own identity. This book is a vital contribution to the conversation about the value of domestic life and the hidden costs of work for women and their families. Offering neither easy solutions nor judgment, its hope lies in its willingness to fully engage the messy realities that so many women face every day." --Lisa Harper, author of *A Double Life*, *Discovering Motherhood* (Winner of the 2010 River Teeth Literary Nonfiction Award) "Sharp, poignant and sometimes funny stories about some very unfunny issues that mothers grapple with daily. If you have a mother, are a mother or know a mother, read this book." --Katherine Clifford, Founder of Youronramp.com "As a therapist who sees many women torn between the conflicting demands of motherhood, marriage and career, I believe that the deep empathy and understanding created by these remarkably honest and moving personal testimonies makes this book a 'must read' both for women struggling to create work-life balance and for men trying to understand the plight of the women in their lives." --Geraldine Alpert, Ph.D., Licensed Clinical Psychologist and Associate Clinical Professor of Psychiatry, University of California Medical School, San Francisco "In a culture that obsesses over every conceivable determinant of a woman's identity, from physical appearance to marital status, from mothering skills to career potential, the real women behind the societal images often get lost. Finally, 46 successful, well-educated women have taken on the ch --Karen Carrera, former Deputy City Attorney, San Francisco, and board member, Equal Rights Advocates "With *Torn*, Samantha Walravens offers a diverse collection of voices making a valuable contribution to our ongoing discussion about trying to maintain a career while raising a family. These writers are sometimes rueful and sometimes quite raw, but always compellingly honest. They insist we set aside guilt and judgment and instead listen to their truths--complicated and difficult as they are--in the hope that someday our children will feel less torn." --Caroline Grant, Editor-in-Chief, LiteraryMama.com and co-editor, *Mama, PhD: Women Write About Motherhood and Academic Life* "Suffice it to say that I started reading the book in the subway and missed my stop! These little essays, often poignant, capture where American mothers find themselves today." --Joan C. Williams, Distinguished Professor of Law, Founder/ Director, Center for WorkLife Law, University of California, Hastings College of the Law From the Back Cover Striking the right balance between career and motherhood is one of the most stressful, heart-wrenching tasks facing women today. In *Torn*, 47 women explore the conflict between the need to nurture and the need to work, and reveal creative solutions for having the best of both worlds. Their stories offer hope and inspiration, but also expose the messy realities of modern motherhood: from breast pump mishaps to battles with cancer, diaper blowouts to debilitating depression, competitive cupcake baking to coming home from war. In the end, the reader can find comfort that there is no perfect mother, nor is there a perfect balance when it comes to kids and career." "Finally, a reality-based look at life, love and motherhood, for real women from real women. No quick fixes or fantasy escapes here. Just good, old-fashioned, in-the-trenches camaraderie that lets you know you are not alone and that the fight is worth it. Really!" - Allison Glock, Author of the award winning memoir, *Beauty Before Comfort* "Remarkably honest and moving personal testimonies...this book is a 'must read' both for women struggling to create work-life balance and for men trying to understand the plight of the women in their lives." - Geraldine Alpert, Ph.D., Psychologist and Professor of Psychiatry, University of California Medical School, San Francisco "Torn is a poignant look at how a generation of mothers is trying to forge its own identity while honoring the legacy of 60s and 70s feminism. Sometimes freedom can be its own trap, and this book illustrates that principle beautifully." - Neal Pollack, Columnist for *Vanity Fair* and author of *Alternadad* and *Stretch* "Sharp, poignant and sometimes funny stories about some very unfunny issues that mothers grapple with daily. If you have a mother, are a mother or know a mother, read this book." - Katherine Clifford, Founder of youronramp.com