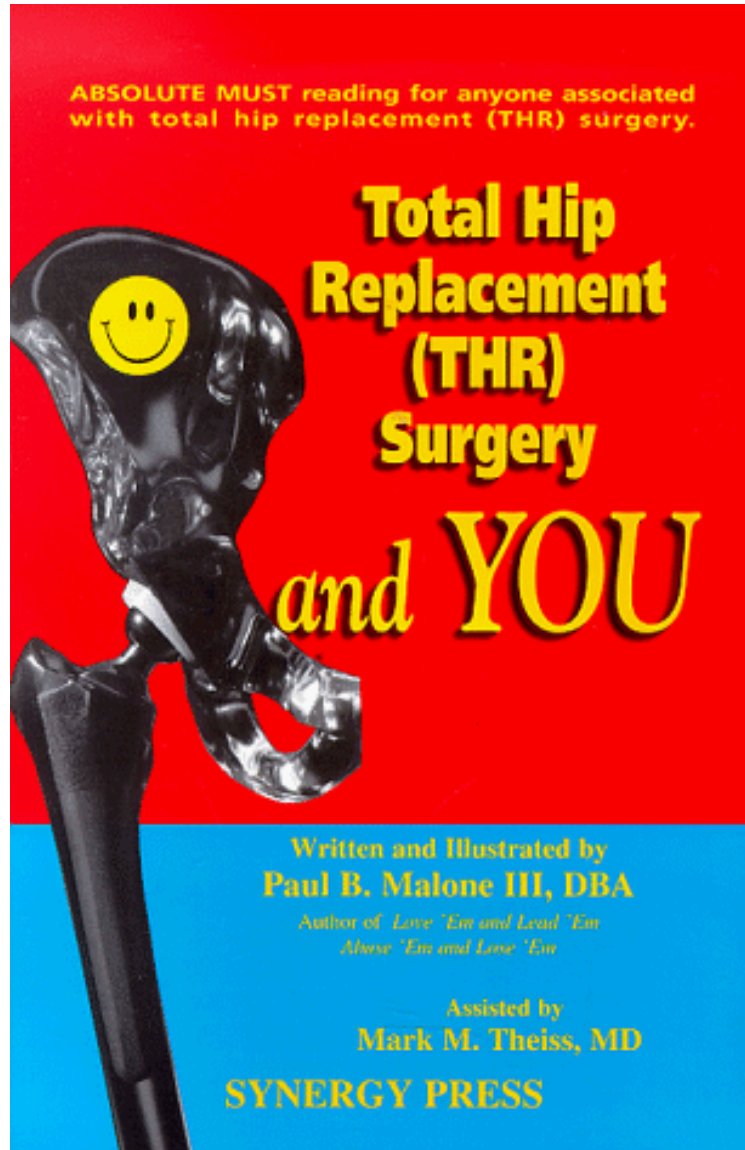


[Free download] Total Hip Replacement (THR) Surgery and You

## Total Hip Replacement (THR) Surgery and You

*Paul B. Malone, Paul B. Malone III*

*\*Download PDF | ePub | DOC | audiobook | ebooks*



[Download](#)

[Read Online](#)

#15437200 in Books Synergy Pr 1998-11-01 Original language: English #File Name: 096165483X176 pages | File size: 79.Mb

**Paul B. Malone, Paul B. Malone III : Total Hip Replacement (THR) Surgery and You** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Total Hip Replacement (THR) Surgery and You:

4 of 5 people found the following review helpful. Good source if you are considering hip replacement surgery By A Customer This book provides a positive message -- If you need hip replacement surgery, find a good surgeon, time the operation conveniently and DO IT! It provides a good source for information about hip replacement surgery for people

who have been advised to under go the procedure. The beginning of the book is "hip surgery lite" for those who don't want to get into the medical mumbo jumbo. It uses humor to explain the "process" from diagnosis, preparation for surgery, the operation itself and recovery. The second part of the book contains serious information about the procedure. 13 of 15 people found the following review helpful. Good effort but did nothing for me. By A Customer Having just had my hip replaced one week ago I thought this book was too silly. An 80 year old in rehab might get a kick out it's attempt at humor but a 40 year old with a wife and 3 children trying to make it on disability needs a little more insight on the real life mental aspects of hip replacement surgery. Paul's description of his days in the hospital were accurate but over dramatized. I believe a woman giving birth has it tougher than a hip replacement patient. But on the plus side reading this book may have inspired me to write my own book. 2 of 3 people found the following review helpful. Charlton Heston was right: don't put it off!! By A Customer For anyone who thinks they might have a hip replaced, this book will do a lot to relieve your anxiety. Malone has written a very informative book with both humor and insight. It gives the reader valuable information on the amazing process of having a hip replaced and the rapid recovery from such an operation. His drawings and humorous anecdotes make reading about this serious subject enjoyable. Hip, Hip Hooray!

Absolute must reading for anyone associated with total hip replacement (THR) surgery.

"Just looking at the book cover makes me know it will resonate with my own experiences. I agree with you that the surgery is so successful I hate to see anyone put it off; I now can't imagine why I did." -- Charlton Heston, President, National Rifle Association, "Moses" in The Ten Commandments, August 25, 1998 "The author presents a refreshing blend of satire, comedy and first-hand experience in a crisp and lucid depiction of his recent hip surgery. Malone's book provides a very entertaining, factual and informative primer for the person contemplating that course of treatment." -- Virginia reader, August 1998 From the Author The hips are quite central to the movements of the human body. The daily demands a person places on his hips to bear weight, walk, climb, bend and twist make them two of the body's hardest working joints. In fact, hip components must be capable of withstanding overloads of ten to twelve times the body weight of particularly active people. As people age, injuries occur, or certain diseases set in, the hip can deteriorate and cause pain. In the past, people with such pain were condemned to suffering and even incapacitation. More and more people were affected as life expectancy increased. This distressing situation was influenced greatly when, in a small hospital in England in 1962, Dr. John Charnley conducted the first total hip replacement surgery. Knighted for his efforts, Dr. Charnley was credited by many in orthopedic medicine for developing the "operation of the century." Dr. Charnley's technique involved replacing the ball at the end of the femur (upper leg bone) and the socket in the pelvic bone with artificial components or prostheses. While both techniques and prostheses have improved significantly since then, the basic concepts of Charnley's approach are still applied today. Since 1962, there has been an exponential growth in the application of total hip replacement (THR) surgery. While precise data are not available, it appears that, in the United States alone, nearly two million Americans are "veterans" of the procedure with approximately 200,000 more undergoing the surgery each year. The basic reason for the growth appears to be satisfied customers--the success rate of the surgery exceeds 90 percent. When it became apparent that I had a "rotten hip," I decided to share my experience with others in an informative and "reader-friendly" book that would appeal to those interested in the subject. Recognizing that literally hundreds of thousands of candidates for the surgery were, because of reluctance or lack of information, refusing or delaying the procedure, I decided to give the book an additional dimension--FUN. I have found that, in many cases, humor can help overcome apprehension and fear. I created a ridiculous story and "salted" it liberally with cartoons. In the process, I poked good-natured fun at myself, doctors and others. In order to avoid totally confusing the reader, I organized the book into two sections--serious stuff on white pages, frivolous stuff on yellow pages. Fortunately, my surgeon, Dr. Mark Theiss, was willing to assist me with the serious message and thus give the book some authenticity. His detailed description of the surgical procedure is quite interesting. If the combination of a serious message and some frivolity bother you, don't buy this book. However, if you can enjoy such a combination and want to know more about the subject, you should consider it. While THR surgery is not "fun and games", the quality of my life has been improved substantially by taking the initiative. If your hip hurts like crazy, my advice is find the right surgeon and DO IT NOW! About the Author Dr. Paul Malone, a veteran of a 30-year Army career, a 19-year second career on the faculty of The George Washington University and, more recently, total hip replacement (THR) surgery, shares his experience in a book that is interesting, informative and FUN to read. Paul is a strong believer in humor, fun and the fact that even ominous clouds can have silver linings. While any surgery can be both threatening and invasive, thanks to an excellent surgeon and the Grace of God, Paul's surgery so rewarding that he wanted to let the world know and encourage others who may have similar hip conditions to become THR surgery veterans. Paul, severely wounded in the Vietnam War while leading American soldiers, is the author of two very successful books on leadership, *Love 'Em and Lead 'Em* (1986) and *Abuse 'Em and Lose 'Em* (1990), which were also published by Synergy Press and, despite their age, are selling well today.