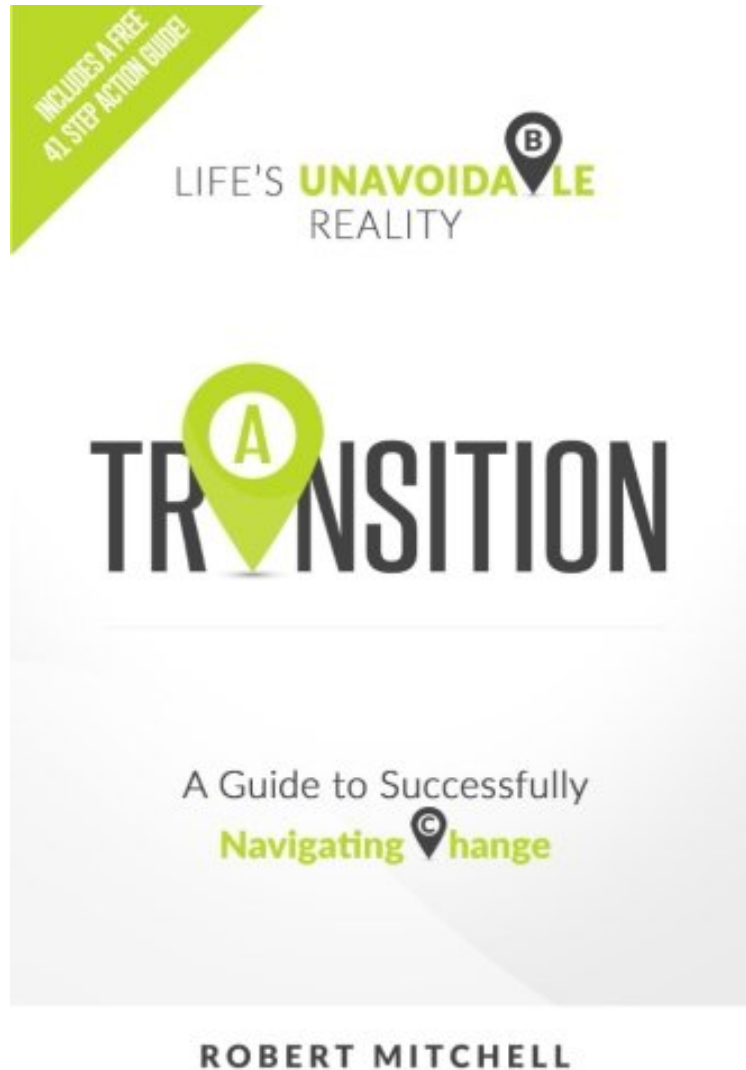


(Free pdf) Transition: Life's Unavoidable Reality: A Guide to Successfully Navigating Change

Transition: Life's Unavoidable Reality: A Guide to Successfully Navigating Change

Robert Mitchell

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Robert Mitchell : Transition: Life's Unavoidable Reality: A Guide to Successfully Navigating Change before purchasing it in order to gage whether or not it would be worth my time, and all praised Transition: Life's Unavoidable Reality: A Guide to Successfully Navigating Change:

3 of 3 people found the following review helpful. Change is Certain. Doing it Well Isn't...Until Now.By B WatsonOne think I've noticed in life is that everyone loves change, as long as it happens to someone else! When you mention the

word change or transition, most people generally think it's for the worse. When a time of transition is thrust upon us, we somehow have to learn to cope as best we can. Robert is the perfect "change navigator" who gives you many practical tips on how to transition through life with greater ease. I liked a quote he cited where someone said "In a crisis we want answers, however what we really need is perspective." The author talks about 3 dimensions you have to be aware of if you want to successfully navigate through change. He draws upon examples from his own life, nature and quotes from well known people to highlight the points he makes. He's very honest about his own times of transition which were painful, and yet lessons he learned from. What I like about the ideas the author shares is that they are down to earth, and not lofty or impractical. Many of his ideas make a lot of sense: learning from your past, understanding the resources you have available to you, and bracing yourself for what's ahead. I also like how Robert also addresses the importance of not making excuses for the situation you're in, or getting stuck in a rut during a transition. If you are looking for positive pick-me-up that will help give you a wide range of helpful tips on this crucial topic, you've found it. 4 of 4 people found the following review helpful. I highly recommend Transition as a must read for anyone who feels ... By Ronald Wofford Having spent many years of my ministry teaching in a seminary setting and working with ministers, it is common to see people, young and old alike, that are struggling with successfully transitioning from one stage of life and ministry to the next. In Transition, Mitchell offers a fresh perspective on the process. Straightforward questions that make the reader confront where they are, as well as where they want to go, are found throughout the book. I highly recommend Transition as a must read for anyone who feels stuck where they are. It will offer practical insights and concepts to help propel you forward. 3 of 3 people found the following review helpful. "Extraordinary Read" By Rob Robert Mitchell's book "Transition" is filled with easy-to-read allegorical pictures for defining and directing the roadmaps of change. While reading I kept reminiscing of some of my life's most significant transitions. Now they make sense. I wish I had this info back then and I would have saved myself a great deal of stress and worry. After reading this book, I also made plans for the future to never again curse life's cocoons or abort the process of development. If you, or someone you love is facing a major transition of life... get this book today!

Do you ever feel that, just as soon as you get comfortable in your life, everything changes? Why do bad things happen to good people? Have you ever wished you didn't have to go through hard times? Transitions are a constant in life and this book will help you successfully navigate those inevitable changes and look forward to the rest of your life with confidence. Those who are enduring the pressure brought on by transition, who know someone who is feeling overwhelmed, or who want to be equipped for what's coming next in their life will find hope and direction. Every transition has the potential to stop you from living out your dreams, causing you to arrive at the end of your life with tremendous regrets. Our natural tendency is to accept things as they are, with the belief that there's no way to relieve the anxiety associated with those transitions. In the midst of transitions, everyone wants to know, "How do I successfully get from here, where it's no longer comfortable, to there, a better place?" Where can I get help to walk through this inescapable experience in my life? Transition: Life's Unavoidable Reality uses practical life experiences to show how it's possible to not only survive transitions but to thrive in the midst of them, by exploring:

- How to know when a transition is approaching
- What fly fishers and entomologists have to do with transition
- The three dimensions that are present in every life transition
- The adventures that await those who take that uncomfortable step into the unknown
- The transitions that accompany life's different stages: from birth to growing up, to relationships, and dealing with aging parents and growing children
- How to thrive through vocational transitions
- Life's final transition

Follow the steps in this book and get help in walking through the future transitions in your life. You are not alone on this journey! What's stopping you from jumping right into your next transition with a workable plan for success, so you'll be positioned correctly when the next season of change comes?

About the Author Prolific speaker, minister, church planter, husband, father, and adventurer, Robert Mitchell II writes about transitions from a wealth of personal life experiences. Born in Houston, Texas and raised in a home filled with love, acceptance, encouragement, and vision, he has lived in five states, visited every state, major city, many national parks and notable landmarks in the United States, and traveled throughout the Americas, Europe and Asia. He has spoken or facilitated in over 10,000 events with audiences from one to thousands, in a variety of venues. Holding a Master's Degree in Leadership, and continually reading, learning, and investing in ongoing personal development, Robert has taught, coached, lead, advised, and given guidance to hundreds of individuals through the changes and obstacles they've faced. Robert's ministry passion is in evangelism and church planting, having personally started three works and mentoring other leaders in additional new ministries. Robert and his wife Lisa currently live in Colorado, where he pastors two startup churches. He and Lisa are parents to three daughters – two in college and one still at home.